Gain local knowledge, from local experts, to grow your local community! Lifelong Learning classes are a great way to explore current and new passions igniting an adventure for your new year. Our catalog includes personal enrichment opportunities spanning one-day workshops up to eight-week courses. Registration is open to all adults 18 and older, no degrees or matriculation required. New classes start weekly throughout the Salt Lake valley and online.

Being able to interact with peers and learned leaders makes the learning more meaningful and authentic. Attending in person classes also helps me to get outside of my regular routines and expand my understandings of my community and the people who comprise it.

- E. Fraughton

I stay focused and learn more with people around. Instructors seem to read the class better and in turn, teach better.

- M. Robins

Connecting with people who have similar interests!

- S. Phay

We live in an age where knowledge is abundant and the answer to any question is just a few clicks. Knowing this, we asked students why is it worthwhile to attend an in-person class with fellow students and a local instructor?

I value in-person classes because it allows me to build new connections with people who come from diverse backgrounds. These relationships can help promote critical thinking and contribute to the goals of Lifelong Learning.

- H. McAtee

When I take a class with Lifelong Learning, half of the reason why is the social aspect, which in turn fuels my creative spirit. It is a beautiful thing to create things in community.

- K. Barnabus

When I participate in a Lifelong Learning class, I stay focused and learn more with people around. Instructors seem to read the class better and in turn, teach better.

- M. Robins

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- K. Barnabus
PASTEL DRAWING: AN INTRODUCTION  
Amy Schopp

Soft pastels are a dry, pure pigment that allows you to create colorful, expressive works with beautiful soft effects. They can be used alone or with other mediums such as water. You'll start by learning value, color theory, and combining pastels with other mediums. You'll learn how to protect and frame these pieces. They'll be great for anyone, from absolute beginners to advanced "ink geeks." Find materials list online.

LLART 381-001 | S, Jan 27 | 10:00 AM-1:00 PM  
540 Arapeen Dr, Room 152 | $149 + $40 special fee

BEGINNING WATERCOLOR PAINTING  
Alicia Finlayson

Paint for independence and simplicity. Watercolor is easy to learn, but can take years to master. Join us to begin your journey into this delicate and powerful medium. Through observation and application, you'll learn the basics of color theory and color mixing, explore a myriad of watercolor techniques, and use observation to improve your work. We'll employ step-by-step to create your own light-filled snowscape. We'll employ chromatography samples, and doing small ink paintings. This class is great for everyone, from absolute beginners to advanced "ink geeks" from any artistic background!  

LLART 368-001 | S, Jan 27-Feb 3 | 6:00 PM-9:00 PM  
540 Arapeen Dr, Room 132 | $149 + $40 special fee

SUMI-E & SHO: JAPANESE BRUSH PAINTING AND CALLIGRAPHY  
Marcy Miller

Explore the captivating world of Japanese culture and visual arts through sumi-e painting and calligraphy. In this intensive course, you'll delve into the essence of black ink, learning how to master sumi-e techniques to create stunning paintings with depth and shading reminiscent of watercolor. Additionally, you'll delve into the art of sho calligraphy, using a brush to write Japanese characters with elegance and precision. Embracing the essence of each object in calligraphy, you'll explore the beauty of working loosely and capturing the soul of your subject. Unleash your creativity and embark on a journey into the rich traditions of sumi-e and calligraphy.  

LLART 700-001 | S, Jan 30-Feb 1 | 6:00 PM-9:00 PM  
540 Arapeen Dr, Room 132 | $199 + $60 special fee
BEGINNING DRAWING FOR WATERCOLOR
Anna Bugbee
Join us for this intense and powerful drawing class. Drawing is the act of defining 3-D forms onto a 2-D surface. Your instructor teaches you all the skills you need to know to draw accurately.

Accurate measuring, building forms from basic geometric shapes, depicting perspective and understanding gesture impart you with the act of defining 3-D forms onto a 2-D surface. Your instructor teaches you all the skills you need to know to draw accurately.

Understanding the light striking your motif and how it defines form is the foundation of representing three-dimensional objects on a two-dimensional surface. This is the sole focus of this class.

You’ll learn how to determine values—how light or dark any plane or surface is the key to creating the illusion of form, the effect of atmospheric perspective, and the quality of light on your subject.

You’ll also learn to use your values to compose your painting. It is recommended that students have previous drawing skills for this class. Find materials list online.

PAINTING VINTAGE FLORA IN OIL OR ACRYLIC
Kimberly Roush
Enhance your oil painting skills by studying and painting landscapes. You’ll discover, demonstrate, and personalize your approach as you acquire the skills to create successful works of art. You’ll study composition, color theory, depth, and brushwork while discovering a variety of new techniques. This course is ideally suited for those who have basic oil painting experience. Find materials list online.

OIL PAINTING: DYNAMIC LANDSCAPES
Alicia Finlayson

To learn more and register for classes, visit our website at lifelong.utah.edu

BOTA NICAL SKETCHING AND RELIEF PRINTING
Start by learning techniques for observational drawing using plants and flowers as your subject. With these skills under your belt, you’ll spend the remaining class sessions at Saltgrass Printmakers exploring the basics of relief printing, also known as linocut. You’ll transfer your drawing line work, carve it using traditional gouging tools, and roll ink out with a rubber brayer to print your image on paper.

All the printmaking tools you’ll be yours to keep for your future printmaking adventures! With this skill set, you will be prepared to printmaking! Start by learning techniques for observational drawing using plants and flowers as your subject. With these skills under your belt, you’ll spend the remaining class sessions at Saltgrass Printmakers exploring the basics of relief printing, also known as linocut. You’ll transfer your drawing line work, carve it using traditional gouging tools, and roll ink out with a rubber brayer to print your image on paper.

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ART
8
540 Arapeen Dr, Room 152 | $99 + $25 special fee
LLART 385-002 | Th, Mar 21-Apr 11 | 6:30 PM-8:30 PM
Experience required; everyone is welcome! Find materials list online.
You will develop an understanding of basic sketching techniques, and gain the confidence to sketch and paint nature on your own. No previous art experience required.
HAND LETTERING FUN AND FUNDAMENTALS
Avery Cook
Do you wish to dive into a creative outlet that exhibits the endless possibilities of lettering? Whether you are a graphic designer or just drawn to just letters, this is the class for you! In this hands-on lettering class, you will learn how to write letters with personality from scratch, different types and brush calligraphy, and experiment with punch-up designs, for the final class you will learn how to create beautiful artworks using just your pen and landscape final materials list online.
LLART 290-001 | M, Mar 2-21 | 6:00 PM-8:00 PM
LA 149-001 | Room 412 | $145 + $45 special fee
Gothic Hand Calligraphy
Joseph Foight
Popular throughout the medieval period, the Gothic style is known for its thin lines of the leaves and the incomplete formation of the terminal caps. This class will teach you the basics of Gothic handwriting. You will study the history of the style, learn the basics of Gothic scripts, and become familiar with the tools of the trade. The instructor will demonstrate techniques, as well as paying attention to the natural way you apply paint. You submit landscape photographs which will be converted and turned into a painting. For more information on prices, visit our website at lifelong.utah.edu
BEGGINGING PAINTING ON SILK
Diane Allen
In this class you will learn the techniques and possibilities of painting on silk. You will improve your skills by experimenting with different techniques, brush marks, and creating your own paintings. With the end of the class, you’ll not only possess the basic skills but also own a stunning silk scarf as a testament to your newfound talents. There isn’t much cooler than this! Your class instructor demonstrate techniques, as well as paying attention to the natural way you apply paint. You submit landscape photographs which will be converted and turned into a painting. For more information on prices, visit our website at lifelong.utah.edu
PLAYFUL EXPLORATIONS IN WATERCOLOR: LANDSCAPE
Ashley Bouchard
Explore the broad range of expressive marks watercolor is capable of! We will work with fine details, linear drawing, and vibrant colors to fashion your own stunning silk scarf. Whether you’re a seasoned pro or just starting, this course will elevate your design skills and your gardening practice. See further details online.
VISUAL JOURNALING: OBSERVATION & ART IN THE GARDEN
Elizabeth Wakefield
Enhance your observational skills and envision your personal garden with this class. The instructor introduces you to light, line, drawing, and visual exercises. Accompanied by a local artist and local landscape design expert, you’ll gain essential drawing skills, insights into color, form, and texture, and techniques that will help you appreciate the beauty around you. The highlight will be a field trip to the Botanic Garden, where you’ll have the chance to see various plants and flowers. A large final piece is created, which will be on display at the end of the class. For more information on prices, visit our website at lifelong.utah.edu
WRITING & BACKDROP PRINTING
Sarah Green
The instructors were clear, friendly, and very easy to follow every step of the way. I got to know the process better and they helped me get better results on my projects than I could have expected.
Gothic Hand Calligraphy
Joseph Foight
The magic of watercolor is balance of control and spontaneity. You will be exposed to 11 different basic watercolor techniques, take in the joy of the class with hands-on demonstrations, and learn the essential techniques for setting up your studio. For more information on prices, visit our website at lifelong.utah.edu
WRITING & BACKDROP PRINTING
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INDIGO DYEING AND SHIBORI BASICS
Anna Bugbee
Join a local artist to make your own shibori-dyed textiles and learn about the fascinating history behind indigo, one of the oldest dyes in the world. Shibori (meaning “to wring, squeeze, or press”) is a Japanese indigo dyeing technique that produces unique and interesting patterns. Your first classroom session will discuss the history, botany, and chemistry of indigo, as well as shibori techniques for wrapping and tying fabric. Then, join your instructor outside to create your own indigo-dyed creations. In two sessions, you’ll gain the context to appreciate the historic value of this craft as well as the skills to continue practicing. See further details online.
LLART 366-001 | Th, Apr 18-Apr 25 | 6:00 PM-8:00 PM
540 Arapeen Dr, Room 148/SLC | $75 + $20 special fee

COLOR THEORY AND COLOR MIXING 101
Theresa Otteson
Discover the basics of color theory including temperature, value, and how color schemes create color harmony in your artwork. You’ll create a color wheel, learn tinting, toning, and how to mix paints to match a specific color. This class is perfect for students working in oil, acrylic, and watercolor, as well as those in any discipline wanting to fine-tune their understanding and use of color.
LLART 133-001 | S, Apr 20 | 10:00 AM-2:00 PM
540 Arapeen Dr, Room 152 | $75

ALCOHOL INKS: AN INTRODUCTION
Rachael Bush
Learn techniques, tools, and tricks to make beautiful, abstract compositions. Alcohol inks are acid-free, fast-drying, transparent, permanent inks that are available in many exciting, vivid colors. Plus, you are able to ink on plastic surfaces that often repel paint. Join us to experiment with this unique medium while creating bookmarks, framed art, and more. This class is for everyone, no experience is required. Please wear clothes you won’t mind getting ink on as it does not come out. See further details online.
LLART 364-001 | S, Apr 27 | 12:00 PM-4:00 PM
540 Arapeen Dr, Room 152 | $69 + $15 special fee

WELDING: AN INTRODUCTION
Richard Cobbley
Have you ever wanted to work with metal for a garden or art project but didn’t know where to begin? This class will teach you the basic skills necessary for cutting and welding metal for small projects in a fully functioning welding studio. Under the guidance of a welding expert, you’ll get hands-on experience working with the equipment, metal, and different designs. Build your basic knowledge of welding while completing a project of your choice. Additional materials may be purchased for personal projects.
LLCFT 234-001 | T, Jan 16-Feb 20 | 6:00 PM-9:00 PM
LLCFT 234-002 | W, Jan 17-Feb 21 | 6:00 PM-9:00 PM
LLCFT 234-003 | T, Mar 19-Apr 23 | 6:00 PM-9:00 PM
LLCFT 234-004 | W, Mar 20-Apr 24 | 6:00 PM-9:00 PM
Welding Studio | $275 + $210 special fee

BEGINNING WOODWORKING
Jonathan Harman
Join us to learn the basic skills of woodworking through two in-class building projects. Perfect for people who are brand new to woodworking, this class will start at the very beginning. You’ll learn about common hand tools such as a hammer, measuring tape, and level, power tools such as an impact driver, drill press, jigsaw, router, and four kinds of saw, the best tool to use for your desired outcome, and how to operate it safely. You’ll walk away from class with a finished hand-built charcuterie board and learn make-stay put-it-as-seen the knowledge you need to continue making projects on your own! MAKE members receive a 10% tuition discount. See further details online.
LLCFT 359-001 | W, Jan 17-Feb 7 | 6:00 PM-9:00 PM
LLCFT 359-002 | T, Jan 23-Feb 13 | 6:00 PM-9:00 PM
MAKE | $199 + $160 special fee

BEGINNING WOODWORKING II
Jonathan Harman
Elevate your woodworking expertise in our next-level class! Building on the fundamentals you learned in Woodworking I, we’ll focus on the art of joinery—mastering techniques to securely connect wood. With a strong emphasis on safety and the introduction of a wider array of tools, you’ll further your skills and confidence. Don’t miss this opportunity to take your woodworking craftsmanship to the next level and SOA members receive a 10% tuition discount. See further details online.
LLCFT 395-001 | Th, Feb 8-Feb 29 | 6:00 PM-9:00 PM
MAKE | $199 + $160 special fee

The instructor was funny, thorough, helpful. She provided all the materials you could want! And explained each one, why it was used, how it was used, and the quality of products.
KINTSUGI: THE JAPANESE ART OF REPAIRING WITH GOLD

Haruko Sadler

Explore the fundamentals of metalsmithing and become familiar with the basic tools used in this craft. You'll learn the properties of different metals while experiencing annealing and basic sawing, with the basic tools used in this craft. You'll learn how to use and care for your tools, and you'll also learn how to make a bezel stone setting, and a bail for your pendant. Finally, you'll learn more advanced finishing techniques to take your jewelry to the next level. Special fee is for tool rental and some supplies. Students will purchase more supplies in class or order online with assistance from the instructor. Prior experience is required. See further details online.

METALSMAITHING I

Amy Schmidt / Jan Harris-Smith

Build on the skills you learned in Metalsmithing I and create a ring or pendant with a set stone. You'll use hand tools, a flex shaft, or soldering torch to create decorative embellishments, or pendant with a set stone. You'll learn more advanced finishing techniques to take your jewelry to the next level. Special fee is for tool rental and some supplies. Students will purchase more supplies in class or order online with assistance from the instructor. Prior experience is required. See further details online.

KINTSUGI: THE JAPANESE ART OF REPAIRING WITH GOLD

Haruko Sadler

Immerse yourself in the ancient art of kintsugi, the Japanese technique of repairing broken ceramics. In this transformative course, you'll learn to embrace the philosophy that flaws and imperfections are integral to beauty. Learn the history of mending broken pottery with gold, silver, or other precious metals, transforming them into flowering works of art. Join us on this journey of restoration, where you will not only repair ceramics of mending broken pottery with gold, silver, or other precious metals, but also uncover a deeper appreciation for the beauty found within imperfections. See further details online.

BEGINNING KNITTING

Amy Hargreaves-Judzis

Love the idea of knitting but don't know where to start? Join us for an introductory class that will teach you where to begin with this craft. With Haruko's kintsugi concepts and vocabulary, you'll learn how to make a single trinket, basic patterns, and how to read a single stitch. Please bring a few new projects to work on each week. This class is for beginners and big projects. A library book and a pair of fingering weight needles. Students should expect to do 1-3 hours of knitting each week at home to keep up with coursework.

THANKS, IT HAS POCKETS!

Andrea McCausland

Learn how to read a pattern, and how to sew simple seams. You'll leave the class with two outfits! MAKE members receive a 10% tuition discount. Materials list is located online. LLCFT 267 Beginning Sewing I is an excellent precursor to this class.

BEGINNING SEWING II: BASIC GARMENT CONSTRUCTION

Amy McCausland

If you know the basics of your sewing machine, but are looking to expand your sewing skills, we've got you covered in this class. Learn how to read a pattern, and how to sew simple seams. You'll leave the class with two outfits! MAKE members receive a 10% tuition discount. Materials list is located online. LLCFT 267 Beginning Sewing I is an excellent precursor to this class.

BEGINNING JEWELRY

Amy McCausland

You bought the sewing machine, you watched all of the YouTube videos, but now you just need someone who can answer your questions and give personal guidance. This class is for you! For us to ensure confidence, please bring a piece of sewing with you that you are currently working on with your machine. You'll learn about a variety of fabrics and construction techniques, how fabrics are used in various projects, different seam techniques, the use of notions, and how to read a pattern. This class is intended for people who are working with their sewing machines and want to move on to a more advanced class. Find materials list online.

MEET THE MAKERS: TONI LOTTI

Toni Lotti

You bought the sewing machine, you watched all of the YouTube videos, but now you just need someone who can answer your questions and give personal guidance. This class is for you! For us to ensure confidence, please bring a piece of sewing with you that you are currently working on with your machine. You'll learn about a variety of fabrics and construction techniques, how fabrics are used in various projects, different seam techniques, the use of notions, and how to read a pattern. This class is intended for people who are working with their sewing machines and want to move on to a more advanced class. Find materials list online.

WHEEL-THROWN CERAMICS: AN INTRODUCTION

Workshop SLC

Join us for an introduction to pottery class where you'll learn how to make a set of nesting bowls. You'll learn basic throwing techniques like centering, shaping, and glazing, and how to throw using various clays. As well as decorating your pieces and learning how to create a glaze. Discover the concepts of stitches, refine skills, and create your own projects with various embroidery techniques. Your creativity will soar as you learn how to read a pattern, and how to sew simple seams. You'll leave the class with two outfits! MAKE members receive a 10% tuition discount.  Materials list is located online. LLCFT 267 Beginning Sewing I is an excellent precursor to this class.

BEGINNING SEWING I: BASIC SEWING CONSTRUCTION

Amy McCausland

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LAPIDARY: CUTTING AND POLISHING STONES FOR JEWELRY
Jan Harris-Smith
540 Arapeen Dr, Room 152 | $225 + $120 special fee
LLCFT 186-001 | T, Feb 20-Mar 26 | 5:30 PM-9:00 PM
further details and find materials list online.

LAPIDARY: MAKE A CABOCHON STONE
Jan Harris-Smith
540 Arapeen Dr, Room 146 | $75 + $25 special fee
LLCFT 388-001 | T, Feb 24-Mar 2 | 1:00 PM-4:00 PM
LLCFT 385-002 | T, Apr 2-Apr 9 | 6:00 PM-9:00 PM
required to bring their own slabs to cut. Please bring eye protection
and be aware that you will get wet.

STAINED GLASS WITH COPPER FOIL: AN INTRODUCTION
Tara Foster
540 Arapeen Dr, Room 146 | $99 + $50 special fee
LLCFT 393-001 | S, Mar 9 | 1:00 PM-5:00 PM
LLCFT 390-001 | S, Mar 2 | 10:00 AM-2:00 PM
LLCFT 391-001 | S, Apr 20 | 10:00 AM-2:00 PM
no experience required!

LAPIDARY: MAKE A CABOCHON STONE
Jan Harris-Smith
540 Arapeen Dr, Room 152 | $125 + $20 special fee
LLCFT 375-001 | W, Mar 6-Mar 20 | 6:00 PM-9:00 PM
Please wear an apron or art clothes.

GUITAR BUILDING WORKSHOP: STRATOCASTER STYLE
Matthew Harris
Build your own Stratocaster style guitar in just 4 weeks! In this hands-on workshop, you will learn to shape the guitar body, perform fretwork, and assemble and solder electronics using a pre-drilled neck, body blank, and kit containing all necessary components.

CABOCHON PENDANT
Jan Harris-Smith
540 Arapeen Dr, Room 152 | $149 + $24 special fee
LLCFT 394-001 | S, Mar 23 | 1:00 PM-5:00 PM
with dyes and wax-resist. You’ll explore this tradition from start
out designs, dyeing in traditional folk designs, and finishing with
varnish. You’ll walk away from this class with something you
will love to show off and wear, so you won’t need to buy an entire
cuff to keep!

LAPIDARY: MAKE AND TAKE: STERLING SILVER EARRINGS
Amy Schmidt
Salt City Smithery | $69 + $40 special fee
LLCFT 380-001 | T, Mar 5-Mar 12 | 6:00 PM-9:00 PM
LLCFT 380-002 | T, Mar26-Apr 9 | 6:00 PM-9:00 PM
co-sponsored with MAKE Salt Lake.

LAPIDARY: CUTTING AND POLISHING STONES FOR JEWELRY
Jan Harris-Smith
540 Arapeen Dr, Room 152 | $150 + $150 special fee
LLCFT 150-001 | T, Feb 2-Mar 26 | 5:30 PM-9:00 PM
Cabochon stones and silver materials to fashion a pendant that
carvings, and wrapping each piece with copper foil to prepare for

GUITAR MAKE AND TAKE: CUFF BRACELET WITH CABOCHON
Amy Schmidt
Salt City Smithery | $69 + $35 special fee
LLCFT 394-001 | S, Mar 23 | 1:00 PM-5:00 PM
no experience required!

LAPIDARY: STAINING GUN POWDER INTO UKRAINIAN EASTER EGGS
Amy Schmidt
Salt City Smithery | $69 + $70 special fee
LLCFT 391-001 | S, Apr 20 | 10:00 AM-2:00 PM
You’ll walk away from this class with three pysanky and the

CABOCHON EARRINGS WITH STERLING SILVER AND COPPER FOIL
Amy Schmidt
Salt City Smithery | $99 + $50 special fee
LLCFT 385-001 | S, Feb 24-Mar 2 | 1:00 PM-4:00 PM
Salt City Smithery | $99 + $49 special fee

LAPIDARY: MAKE AND TAKE: STERLING SILVER RING
Amy Schmidt
Salt City Smithery | $69 + $50 special fee
LLCFT 390-001 | S, Mar 2 | 10:00 AM-2:00 PM
Salt City Smithery | $99 + $49 special fee

CABOCHON PENDANT
Jan Harris-Smith
540 Arapeen Dr, Room 152 | $99 + $20 special fee
LLCFT 375-001 | W, Mar 6-Mar 20 | 6:00 PM-9:00 PM
You’ll walk away from this class with three pysanky and the

GUITAR MAKE AND TAKE: STRAT.Images
Lynn Harris
CABOCHON PENDANT
Jan Harris-Smith
540 Arapeen Dr, Room 152 | $125 + $75 special fee
LLCFT 375-001 | W, Mar 6-Mar 20 | 6:00 PM-9:00 PM
Tara Foster
540 Arapeen Dr, Room 146 | $150 + $150 special fee
LLCFT 150-001 | T, Feb 2-Mar 26 | 5:30 PM-9:00 PM
co-sponsored with MAKE Salt Lake.

BUILD YOUR OWN STRATOCASTER STYLE GUITAR
Matthew Harris
Salt City Smithery | $99 + $50 special fee
LLCFT 385-001 | S, Feb 24-Mar 2 | 1:00 PM-4:00 PM
Salt City Smithery | $99 + $49 special fee

CABOCHON PENDANT
Jan Harris-Smith
540 Arapeen Dr, Room 152 | $99 + $20 special fee
LLCFT 375-001 | W, Mar 6-Mar 20 | 6:00 PM-9:00 PM
You’ll walk away from this class with three pysanky and the

FIBERART: URBAN MISS FESTER EGGS
Aynsley Paul
Learn the beautiful Slavic folk art of decorating eggs with wax and dye.

CABOCHON PENDANT
Jan Harris-Smith
540 Arapeen Dr, Room 152 | $125 + $75 special fee
LLCFT 375-001 | W, Mar 6-Mar 20 | 6:00 PM-9:00 PM
Tara Foster
540 Arapeen Dr, Room 146 | $150 + $150 special fee
LLCFT 150-001 | T, Feb 2-Mar 26 | 5:30 PM-9:00 PM
co-sponsored with MAKE Salt Lake.

BUILD YOUR OWN STRATOCASTER STYLE GUITAR
Matthew Harris
Salt City Smithery | $99 + $50 special fee
LLCFT 385-001 | S, Feb 24-Mar 2 | 1:00 PM-4:00 PM
Salt City Smithery | $99 + $49 special fee

CABOCHON PENDANT
Jan Harris-Smith
540 Arapeen Dr, Room 152 | $99 + $20 special fee
LLCFT 375-001 | W, Mar 6-Mar 20 | 6:00 PM-9:00 PM
You’ll walk away from this class with three pysanky and the

LAPIDARY: STAINING GUN POWDER INTO UKRAINIAN EASTER EGGS
Amy Schmidt
Salt City Smithery | $69 + $70 special fee
LLCFT 391-001 | S, Apr 20 | 10:00 AM-2:00 PM
Salt City Smithery | $99 + $49 special fee

LAPIDARY: STAINING GUN POWDER INTO UKRAINIAN EASTER EGGS
Amy Schmidt
Salt City Smithery | $69 + $70 special fee
LLCFT 391-001 | S, Apr 20 | 10:00 AM-2:00 PM
Salt City Smithery | $99 + $49 special fee

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LAPIDARY: STAINING GUN POWDER INTO UKRAINIAN EASTER EGGS
Amy Schmidt
Salt City Smithery | $69 + $70 special fee
LLCFT 391-001 | S, Apr 20 | 10:00 AM-20
ALTERATIONS & REPAIRS: MAKE YOUR CLOSET GO FURTHER

Are you tired of throwing out clothes because you don’t know how to simple repair it? Or maybe you want to get creative and make new clothes from the old? This class is for you.

TRACIE HARTY
540 Arapeen Dr, Room 120 | $49 + $10 special fee
LLCFT 382-001 | M, Mar 11 | 6:00 PM-9:00 PM
Salt City Smithery | $48 + special fee

BEGINNING SKILL: HOW TO ALTER A DRESS

Want to try out your first alteration but not sure where to start? Join us and learn how to follow a simple pattern to create a work of art that can be used as a baby gift or as a modern wall hanging. The Pants Falls Quilt is easy for novice sewists and a fast finish for more experienced quilters—a great opportunity to experiment with color and fabric combinations. You’ll walk away with a beautiful small quilt, new skills, and a community of new quilting friends! Find materials list online.

LLCFT 302-001 | (Th, Apr 11-25) 6:00 PM-9:00 PM
540 Arapeen Dr, Room 128 | $85 + special fee

COPPER CLAY JEWELRY: AN INTRODUCTION

Good morning. Copper metal clay can be formed like ceramic clay, then fired in a small kiln to create durable jewelry. It can be transformed, glazed into beautiful pieces, remade with sand or hobby saws to create unique patterns and designs. In the first session of this introduction to copper clay class, you’ll learn how to work with copper clay by making earring or more preformed, earrings, and several boucle designs with the clay we provide. Learn finishing techniques in the second session, completing your wearable creations!

LLCFT 303-001 | (Th, Mar 14-21) 6:00 PM-9:00 PM
540 Arapeen Dr, Room 128 | $85 + special fee

LOST WAX CASTING FOR JEWELRY

Jan Harris-Smith
540 Arapeen Dr, Room 138 | $99 + $15 special fee
LLCFT 355-001 | S, Mar 16-Mar 23 | 10:30 AM-1:30 PM
Salt City Smithery | $92 + special fee

COPPER CLAY JEWELRY: AN INTRODUCTION

Amy Schmidt
540 Arapeen Dr, Room 124 | $125 + $15 special fee
LLCFT 376-001 | M, Apr 8-Apr 22 | 6:00 PM-9:00 PM
Salt City Smithery | $120 + special fee

TRoubLESHOOTING FOR METALSmiThs

Amy Schmidt
Join us at the studio and equip yourself with the skills and knowledge to tackle common challenges that arise during the metalsmithing process. From soldering snags to design hiccups, this workshop will empower you with the tools and techniques to turn your ideas into reality.

Amy [Schmidt] was incredible and let students do their own thing while being very helpful still and doing demos that benefit everyone. There was a perfect balance of structure and instruction and also freedom to create and work on what we want. Class was a great experience.

OTHER OPTIONS TO EXPLORE FOR METALSmiThs

Janice Murray
Join a local Salt Lake artist with the skills you need to create your own unique journals and fabrics. You’ll explore the unique artistic qualities of the “sweet” bookbinding technique. You’ll learn how to make a text block, create your own book covers, and sew a flat-lying spine as you build a one-of-a-kind book. Walk away from this class with one or more new books and the skills you need to make more on your own! Find materials list online.

LLCFT 321-001 | (Th, Mar 15-29) 6:00 PM-8:00 PM
540 Arapeen Dr, Room 126 | $145 + special fee

BOOKBINDING

Tracy Graham
160 Arapeen Dr, Room 126 | $49 + $10 special fee
LLCFT 382-001 | M, Mar 11 | 6:00 PM-9:00 PM
Salt City Smithery | $48 + special fee

BOOKBINDING

Carol Avery
540 Arapeen Dr, Room 138 | $175
LLCFT 341-001 | T, Mar 12-Apr 2 | 6:00 PM-9:00 PM
Salt City Smithery | $170 + special fee

TRoubLESHOOTING FOR METALSmiThs

Amy Schmidt
This class will take your skills to the next level. Prerequisite: LLCFT 202-Metalsmithing I or equivalent experience.

LLCFT 320-001 | (Th, Apr 11-25) 6:00 PM-9:00 PM
540 Arapeen Dr, Room 128 | $85 + special fee
**DELICIOUS ZERO-PROOF COCKTAILS**  
**Andrea Latimer**

Join the founder of Bitters Lab for a fun and informative class on how to make well-balanced and delicious zero-proof cocktails (aka non-alcoholic drinks). You’ll make two cocktails using zero-proof “spirits” while learning about these spirits, how they work, and what to look for when shopping. This class includes all the supplies, ingredients, and instruction needed to make two cocktails, a small charcuterie board, and a bottle of bitters to take home.

**LLFW 638-001 | W, Jan 17 | 6:00 PM-8:00 PM**  
**Bitters Lab | $39 + $90 special fee**  

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**THE WINE REGIONS OF FRANCE: AN INTRODUCTION**  
**Sheral Schowe**

Unlock the rich and diverse world of French wine regions in this captivating class! You’ll learn the nomenclature of vineyard designations, the climate and geography of a region, and the grapes that contribute to its signature wines. This class includes all the supplies, ingredients, and instruction needed to enjoy two wines, a small charcuterie board, and a bottle of bitters to take home.

**LLFW 648-001 | Th, Jan 18 | 6:30 PM-8:30 PM**  
**Carmine’s | $39 + $40 special fee**  

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**THE WINE AND HISTORY OF LA RIOJA, SPAIN**  
**Sheral Schowe**

Explore the captivating history of La Rioja, Spain, from its ancient roots to its modern day innovation. Discover the new category of single vineyard classification, known as Rioja Vervadbed, and gain insight into the wines produced by these vineyards. You’ll make two wines, a small charcuterie board, and a bottle of bitters to take home.

**LLFW 649-001 | Th, Feb 1 | 6:30 PM-8:30 PM**  
**Online | $39 + $10 special fee**  

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**DISCOVER THE REGION OF RIOJA, SPAIN**  
**Sheral Schowe**

Join our thrilling wine class and explore the latest in La Rioja’s wine scene! Discover the new single vineyard classification, known as Rioja Vervadbed, and learn more about the grapes that make up these wines. You’ll make two wines, a small charcuterie board, and a bottle of bitters to take home.

**LLFW 650-001 | Th, Feb 15 | 6:30 PM-8:30 PM**  
**Cafe Madrid | $39 + $40 special fee**  

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**DISCOVER TUSCANY: WINE AND HISTORY**  
**Sheral Schowe**

Explore the captivating history of Tuscany and the intriguing origins of the Chianti appellation in our wine class. Discover the stories of a hungry rooster and a knight on horseback that shaped this renowned wine region. This class includes all the supplies, ingredients, and instruction needed to enjoy two wines, a small charcuterie board, and a bottle of bitters to take home.

**LLFW 651-001 | Th, Mar 7 | 6:30 PM-8:30 PM**  
**Online | $39 + $10 special fee**  

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**DISCOVER THE WINES OF TUSCANY**  
**Sheral Schowe**

Indulge in a wine class that takes you on a journey through Tuscany’s iconic wine regions! Explore the intriguing world of Super Tuscan wines and their unique creation. You’ll make two wines, a small charcuterie board, and a bottle of bitters to take home.

**LLFW 652-001 | Th, Mar 21 | 6:30 PM-8:30 PM**  
**Carmine’s | $39 + $40 special fee**  

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**DRY ROSÉS OF WESTERN EUROPE**  
**Sheral Schowe**

Experience a journey through Western Europe in this class that features six exquisite wines from six regions. You’ll make two wines, learn more about the grapes that make up these wines, and enjoy a spread of charcuterie and cheese. You’ll make two wines, a small charcuterie board, and a bottle of bitters to take home.

**LLFW 653-001 | Th, Apr 4 | 6:30 PM-8:30 PM**  
**Carmine’s | $39 + $40 special fee**
Ciders of the World - English Ciders
Matthew Ostrander
A joint of cider in 1640 offers what the world has been devoured by this beverage that was created by the Anglo-Saxons. Growth across the continent, and the major apple growing regions in North America. Students will learn about the shift away from cider during lead-up to Prohibition to its recent resurgence within the modern beverage industry across the world. We’ll discuss different brewing methods and enjoy a wide range of ciders from coast to coast.

Scion | $39 + $45 special fee
LLFW 645-001 | M, Feb 12 | 6:30 PM-8:30 PM
Scion | $39 + $45 special fee
LLFW 646-001 | M, Mar 18 | 6:30 PM-8:30 PM

Ciders of the World - Spanish Sidra
Matthew Ostrander
Northern Spain’s Asturias and Basque Country are known for their traditional ciders. These ciders are made in such a way that they are not pasteurized. Student will learn about the traditional methods and modern techniques used to produce these ciders.

JIAOZI: TRADITIONAL CHINESE DUMPLINGS
Qin Li
China has a rich food culture with many different regions that exhibit their unique style of cooking. We will explore the traditional ways of making jiaozi, a dumpling that is found across the country. These traditional Chinese dumplings are made with flour, water, and salt. They are then folded and steamed. We’ll discuss the history and development of jiaozi, as well as the cultural significance of this dish.

LLFW 593-001 | Th, Feb 8 | 6:30 PM-8:30 PM
LLFW 593-002 | Su, Apr 14 | 1:00 PM-3:00 PM

Ciders of the World - French Ciders
Matthew Ostrander
France is well known for its rich wine culture, but traditional French cider is also an important part of the country’s culinary heritage. Students will learn about the history and production of French ciders.

BAKING NAAN: AN INTRODUCTION
John Bolton
Naan is a traditional bread from south and central Asia that often comes baked in the form of a teardrop. But you don’t need a tandoor oven to create your own delicious naan! Join us from the comfort of your own kitchen to perfect your naan-making skills!

Online | $39 + $5 special fee
LLFW 594-001 | M, Feb 26 | 7:00 PM-9:00 PM

JAPANESE TEA CEREMONY: AN INTRODUCTION
Haruko Sadler
In celebration of Japan’s festival month, step into another culture and another time as you participate in the ancient ritual of the Japanese Tea Ceremony. The Tea Ceremony has been in existence in Japan for centuries. It is the perfect way to relax and enjoy the moment.

Scion | $39 + $30 special fee
LLFW 489-001 | M, Feb 26 | 7:00 PM-9:00 PM

KANZASHI: JAPANESE FLOWER ARRANGING
Yumi Hino
Join the master of floral design and Japanese culture as she teaches students about the art of Japanese flower arranging. Participants will learn the history and philosophy of the ceremony, as well as how to create beautiful arrangements.

LLFW 598-001 | Th, Mar 14 | 6:30 PM-8:30 PM

V ALENTINE’S DAY COCKTAILS
Andrew Geller
Make a traditional Irish cocktail inspired by the loved one you care about most! Students will learn how to make the perfect drink for any occasion.

Online | $39 + $5 special fee
LLFW 599-001 | M, Feb 12 | 6:30 PM-8:30 PM

CIDER FROM CRISP TO CUP
John Bolton
Join us as an afternoon of delicious cider comparisons with the master of European ciders, Matthew Ostrander. We’ll start with a history of how cider is made, and then compare two different styles of cider, one from Normandy and one from the Loire Valley. We will taste through representative styles of cider, including traditional and craft varieties.

Scion | $39 + $45 special fee
LLFW 581-001 | Jan 16 | 6:30 PM-8:30 PM
LLFW 581-002 | Jan 16 | 6:30 PM-8:30 PM
Scion | $39 + $45 special fee
LLFW 581-003 | Jan 23 | 6:30 PM-8:30 PM
Scion | $39 + $45 special fee
LLFW 581-004 | Jan 30 | 6:30 PM-8:30 PM

WHISKIES OF THE WORLD
Jeroen Gantengco
Did you know that whisky is one of the most popular and beloved spirits in the world? You’ll learn about how the beverage is being made worldwide has made it the drink of even more people. You’ll taste through a variety of whiskies, and learn about the different nuances and flavors that each brings to the table.

Scion | $39 + $30 special fee
LLFW 595-001 | M, Feb 5 | 6:30 PM-8:30 PM
LLFW 595-002 | M, Mar 18 | 6:30 PM-8:30 PM
Scion | $39 + $30 special fee
LLFW 595-003 | M, Apr 15 | 6:30 PM-8:30 PM

WINE OF THE MONTH: BORDEAUX
Andrew Geller
Bordeaux is one of the most famous wine regions in the world, and one of the most diverse. In this class, we will taste through a variety of wines from the Bordeaux region, exploring the different styles and terroirs that make up this region.

Scion | $195 + $15 special fee
LLFW 596-001 | M, Mar 18 | 6:30 PM-8:30 PM

CUP, DRY, STORE, EAT: MEAT AND MUSHROOMS WITH STAPLES OF VOLTA;
LOCAL FOOD SUPPL Y
Paula Estrada
Join an all-women class where we explore the importance of sourcing local food systems. We will cook a variety of dishes that highlight the importance of local food systems and the benefits they bring to our communities.

Online | $39 + $5 special fee
LLFW 597-001 | T, Feb 19 | 6:30 PM-8:30 PM

COMING SOON! COOKING NAAN: AN INTRODUCTION
Beehive | $39 + $30 special fee
LLFW 578-001 | Su, Jan 28 | 1:00 PM-3:00 PM

BAKING NAAN: AN INTRODUCTION
John Bolton
Naan is a traditional bread from south and central Asia that often comes baked in the form of a teardrop. But you don’t need a tandoor oven to create your own delicious naan! Join us from the comfort of your own kitchen to perfect your naan-making skills!

Scion | $39 + $50 special fee
LLFW 578-002 | Su, Apr 14 | 1:00 PM-3:00 PM
Scion | $39 + $50 special fee
LLFW 578-003 | Su, Apr 21 | 1:00 PM-3:00 PM

Local Food Supply:
Baking Naan: An Introduction
John Bolton
Naan is a traditional bread from south and central Asia that often comes baked in the form of a teardrop. But you don’t need a tandoor oven to create your own delicious naan! Join us from the comfort of your own kitchen to perfect your naan-making skills!

Scion | $39 + $30 special fee
LLFW 578-001 | Su, Jan 28 | 1:00 PM-3:00 PM

Compost Kitchen:
Cooking Naan: An Introduction
Beehive | $39 + $30 special fee
LLFW 578-002 | Su, Apr 14 | 1:00 PM-3:00 PM

To learn more and register for classes, visit our website at lifelong.utah.edu.
AMARO-BASED COCKTAILS

Join the founder of Bitters Lab and learn how to make Amaro-based cocktails. Andrea Latimer, an interesting herbal liqueur that is commonly consumed as an aperitif or post-dinner digestif. Not only are these spirits low in alcohol content but they are perfect for aiding in digestion. Come learn about this incredible spirit as you make two spirits. Amaro is accompanied with small bites of citrus fruit and various seasoned salts. It’s a tasting not to be missed! You’ll learn about must-haves needed for your home bar. You’ll leave with a bottle for a finished wine that you can truly call your own. See further details online.

LLFW 641-001 | W, Apr 3 | 6:00 PM-8:00 PM
Bitters Lab | $39 + $135 special fee

Com complete with all the ingredients and supplies needed to make these drinks, plus a small charcuterie board, and a bottle of bitters to take home.

LLFW 642-001 | M, Apr 29 | 7:00 PM-9:00 PM
Com | $49 + $25 special fee

BASICS OF HOME GRAPE GROWING & WINEMAKING

Have you ever wondered what it takes to make your own wine? Join us to study the entire process, from vineyard to finished bottle. You’ll gain the knowledge to plant, instill, and maintain a small vineyard of wine grapes in our Utah climate. You’ll learn how to train and prune your vines while protecting them from pests as well as the right time to harvest, toos, and ferment. Finally, you’ll learn how to destem, age, and bottle for finished wine that you can truly call your home grown! See further details online.

LLFW 640-001 | Th, Mar 28 | 6:00 PM-8:00 PM
Beehive | $39 + $30 special fee

WINE AND GOURMET POPCORN PAIRING

Calling all Granola lover know—join us to explore a unique pairing of Scotch whisky against various popcorns from around the world produced in the same style. We’ll feature a Singaporean, Irish whisky, and American Single Malt—the newest category in the whisky family. Please alert us at least 1 week before class if you have any food allergies.

LLFW 643-001 | Th, Apr 5 | 6:00 PM-9:00 PM
LLFW 644-001 | Th, Apr 5 | 6:00 PM-9:00 PM
Com | $49 + $35 special fee

Single Malts Around the World
Jay Santangelo

Explore the various styles of the delicious spirit of rum, ranging from the fruit-forward clear styles to the richer dark styles. Each rum will be paired with the perfect nibble of chocolate. You’ll walk away with a greater appreciation for both chocolate and rum. Explore the various styles of the delicious spirit of rum, ranging from the fruit-forward clear styles to the richer dark styles. Each rum will be paired with the perfect nibble of chocolate. You’ll walk away with a greater appreciation for both chocolate and rum.

LLFW 644-001 | Th, Apr 5 | 6:00 PM-9:00 PM
Com | $49 + $35 special fee

BELGIAN BOLS BACONS
Join the founder of Bitters Lab and learn how to make two types of classic bacon-based cocktails. Your instructor, originally from Singapore, will teach you a flavorful method of cooking while the wine and popcorn. Your instructor, originally from Singapore, will teach you a flavorful method of cooking while the wine and popcorn. Your instructor, originally from Singapore, will teach you a flavorful method of cooking while the wine and popcorn. Your instructor, originally from Singapore, will teach you a flavorful method of cooking while the wine and popcorn. Your instructor, originally from Singapore, will teach you a flavorful method of cooking while the wine and popcorn.
Jeremy Innis was a great teacher. He was knowledgeable of the subject and respectful of the students as well as the religions discussed in the class.

- Jeffrey H.

To learn more and register for classes, visit our website at lifelong.utah.edu

DISCOVERING WORLD RELIGIONS: “NEW” RELIGIOUS MOVEMENTS

Jeremy Innis

Dive into the fascinating world of smaller, emerging religious movements both within and beyond the major global traditions of Christianity, Buddhism, Hinduism, and Islam. In this course, we’ll delve into the worldviews, stories, and practices of several of these unique traditions that have evolved or emerged over the past 300 years. Our exploration will encompass a diverse range of beliefs, including Baha’i, Rastafarianism, Rajneeshi, Paganism, Scientology, the Orisha diaspora, and the Native American Church. Join us on this enlightening journey to understand the rich tapestry of contemporary religious diversity.

LLPOT 984-001 | W, Jan 17-Feb 7 | 6:30 PM-8:30 PM
540 Arapeen Dr, Room 124 | $119

HOW TO EVALUATE FACTS IN A SEA OF MISINFORMATION

Tallie Casucci

If you’ve ever thought “WHAT?!” when reading something on the internet, this class is for you! Alternatively, if you’ve never questioned anything you’ve read on social media or blog posts, this class is for you too! The internet allows us to connect with friends and family, find great recipes, and perform other tasks, but unfortunately there can also be a lot of misinformation. How can you tell the difference? How can you locate high-quality information online? Join an expert research librarian to learn about evaluation frameworks and use them with hands-on practice. Please come prepared to discuss, search the internet, and practice your new evaluation strategies.

LLPOT 978-001 | T, Feb 6 | 6:00 PM-9:00 PM
540 Arapeen Dr, Room 146 | $49

TAX-ADVANTAGED INVESTMENTS AND INCOME

Mark Pyper

Join us for an informative experience where you will learn how to identify investments and account types. You will learn about savings plans that offer tax-exempt and tax-deferred, or tax-favorable benefits including tax efficient income streams for retirees, retirement accounts and employee benefits, gifting to charitable organizations and family members, municipal bonds, 529 plans, annuities, and both IRA’s and Roth 401k’s. Expect to leave this class with specific, actionable ideas that will help you save on the taxes you pay over time.

LLPOT 976-001 | T, Mar 12-Mar 19 | 6:30 PM-8:00 PM
540 Arapeen Dr, Room 120 | $49

WHAT IS GENDER?: BEYOND THE BINARY

Irene Ota and Lauryn C Hansen

Society creates a limited and narrow understanding of gender. Join us to explore the complexities within four areas of identity and the variety within each area: anatomical and biological identity, gender identity, gender expression, and affectionality and sexuality (which society calls sexual orientation). The goal of the workshop is to inspire you to question your definition and the social construction of gender, move you to consider, ally, advocate, and/or accomplice, and create an empathetic understanding, nurturing, support, and love of all identities.

LLPOT 963-001 | S, Mar 16 | 10:00 AM-1:00 PM
540 Arapeen Dr, Room 146 | $39

AI UNLEASHED: EMPOWERING EVERYDAY LIFE WITH ARTIFICIAL INTELLIGENCE

Darby Bailey

Discover how artificial intelligence (AI) is shaping our world, from entertainment to ethics, and learn how to harness it for personal empowerment. You’ll start with a history of and introduction to machine learning, and then AI affects our lives today. You’ll look at the current state of and envision what the future might hold. Finally, you’ll learn about media literacy and ethical implications of this powerful tool. Join us and empower yourself with knowledge to explore practical uses of AI that can be used for you. See further details online.

LLPOT 974-001 | Th, Mar 21-Apr 11 | 6:00 PM-8:00 PM
540 Arapeen Dr, Room 156 | $119
Very happy to be introduced to the new look of South Salt Lake. Learning about the mural program was very interesting. The quality and number of the murals was impressive. I now have a fun, new district to showcase to visiting family and friends.

-Patti K.
EXPLORE UTAH

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To learn more and register for classes, visit our website at lifelong.utah.edu

WALKING TOUR OF SLC’S UNSEEN HISTORY
Rachel Quist

The history of Salt Lake City can be weird, heartbreaking, and surprising. Join us to learn about the unseen history of our beautiful city by exploring the places and lives of everyday people at the turn of the last century. In this course, we will focus on two neighborhoods that illustrate the economic and racial diversity of our city’s past. See further details online.

LLPOT 961-001 | S, Apr 20-Apr 27 | 10:00 AM-12:00 PM
LLPOT 961-002 | S, Apr 20-Apr 27 | 1:00 PM-3:00 PM
Outdoors | $59

WALKING FRONT STATIONS
Tom Wharton

Discover the hidden gems in your own backyard! Whether you’re planning a weekend escape to Logan, Brigham City, Ogden, Salt Lake, or Provo, there’s an abundance of exciting activities waiting for you. From factory shopping and drive-in movies in Logan, to great food and entertainment in Ogden, the options are endless. Downtown Salt Lake City boasts cultural delights like museums and the symphony. In the Provo area, explore BYU’s museums, enjoy outdoor music, and visit the Springville Art Museum. Say goodbye to the hassles of travel and high airfare costs, and embrace the adventures right at your doorstep.

LLPOT 986-001 | W, Apr 24 | 6:30 PM-8:30 PM
540 Arapeen Dr, Room 146 | $39

PROTECTED OR PULVERIZED: A WALKING TOUR OF SLC’S HISTORIC ARCHITECTURE
Adrienne White

Downtown Salt Lake City has been continuously transforming since the pioneers settled in the valley in 1847. Join us for a walk through time while you learn about the historic buildings that still standing and the many buildings we have lost to demolition over the years. After this tour, you will experience the downtown area in a completely different way. See further details online.

LLPOT 982-001 | S, Apr 27 | 1:00 PM-3:00 PM
Outdoors | $39

UTAH’S ONAQUI WILD HORSE HERD
Samantha Couper

View Utah’s wild horses in their natural habitat with the Onaqui Catalogue Foundation. You’ll learn about Utah’s most iconic wild horse herd and how community-based citizen science is being used to document and share information about individual horses, behavior, social structure, foal births, and herd management. We will start with a two-hour classroom session, then on Saturday, we'll meet at the entrance of the Onaqui Herd Management Area (HMA) located near Dugway, UT on a quest to observe and catalogue the horses in the wild. On Tuesday we will meet online to share photos and video and discuss what we saw in the field on Saturday. See further details online.

LLPOT 957-001 | Th, Apr 25, 6:00 PM-8:00 PM; S, Apr 27, 10:00 AM-2:00 PM; T, Apr 30, 6:00 PM-8:00 PM
540 Arapeen Dr, Room 132/Outdoors/Online | $119

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### DIY BASIC REPAIRS FOR HOMEOWNERS

**Thomas Arnold**

**LLHG 480-001 | T, Jan 23-Jan 30 | 6:30 PM-8:30 PM**

- Learn to be a DIY pro and maintain your home or property yourself.
- You'll learn about painting tips and tricks, mold remediation, and more.
- We'll also cover how to maintain your home or property--leaky faucets and toilets, basic electrical, repairing sheetrock holes and divots, common problems with easy fixes you can do yourself.

### FUNDAMENTALS OF FUN BEEKEEPING

**Richard Homer and Jim Harris**

**LLHG 256-001 | S, Feb 3 | 10:00 AM-12:00 PM**

- Learn the basics of beekeeping as you learn the benefits of bees, bee anatomy, bee social structure, common problems with easy fixes you can do yourself.**
- You'll leave with knowledge of key beekeeping activities. Students will meet bees successfully. You'll leave with knowledge of bee anatomy, bee social structure, common problems with easy fixes you can do yourself.
- You'll learn how to keep your bees healthy. You'll gain confidence in disease prevention, treatment, and overwintering your bees.
- You'll learn what tools and gear you will need to have in your hive and how to keep your bees healthy. You'll gain confidence in disease prevention, treatment, and overwintering your bees.

### VEGETABLE PROPAGATION

**Celia Bell**

**LLHG 518-001 | S, Feb 3 | 1:00 PM-4:00 PM**

- Learn to work with your existing landscape or design, the context will build your plant knowledge wherever you are in the design game.**
- You'll cover basic techniques, with more advanced techniques taught in our follow-up courses. You'll learn to work with your existing landscape or design, and then consider the fungal alternatives. You'll also look for ways to improve your soil health and fertility.

### HOW TO RAISE BACKYARD CHICKENS

**Celia Bell**

**LLHG 512-001 | W, Feb 21-Mar 27 | 6:00 PM-8:30 PM**

- You'll learn about the world of difference between a farm-fresh, right-from-the-hen egg and those that come from the store. Sounds good, but where there are eggs, there are chickens; and where there are chickens, there is responsibility. In this class you'll find out how to do it right from start to finish. We'll cover preparation, selection, housing, food, and water, chickens and your garden, legalities and your neighborhood, hazards and health management, raising chicks, and collecting and caring eggs. We'll also review the age-old question: Which came first?

### RESIDENTIAL LANDSCAPE DESIGN II: CONCEPT & PLANNING

**Stephanie Duer**

**LLHG 507-001 | W, Apr 3-Apr 24 | 6:00 PM-8:00 PM**

- Take your landscape from average to fabulous by learning the fundamentals of fun beekeeping as you learn the benefits of bees, bee anatomy, bee social structure, common problems with easy fixes you can do yourself.
- You'll learn to work with your existing landscape or design, and then consider the fungal alternatives. You'll also look for ways to improve your soil health and fertility.
- You'll learn the benefits of bees, bee anatomy, bee social structure, common problems with easy fixes you can do yourself.
- You'll learn how to keep your bees healthy. You'll gain confidence in disease prevention, treatment, and overwintering your bees.
- You'll learn what tools and gear you will need to have in your hive and how to keep your bees healthy. You'll gain confidence in disease prevention, treatment, and overwintering your bees.

### TOOLS OF THE TRADE: HOW TO RAISE BACKYARD CHICKENS

**Celia Bell**

**LLHG 480-001 | T, Jan 23-Jan 30 | 6:30 PM-8:30 PM**

- You'll learn the benefits of bees, bee anatomy, bee social structure, common problems with easy fixes you can do yourself.
- You'll learn how to keep your bees healthy. You'll gain confidence in disease prevention, treatment, and overwintering your bees.
- You'll learn what tools and gear you will need to have in your hive and how to keep your bees healthy. You'll gain confidence in disease prevention, treatment, and overwintering your bees.
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To learn more and register for classes, visit our website at lifelong.utah.edu

INTRO TO FOODSCAPING: PRINCIPLES & DESIGN
John Trumble
One into the foodscaping, a groundbreaking landscape design technique that combines aesthetics and functionality. Dive into the art of foodscaping, a groundbreaking landscape design technique that combines aesthetics and functionality. Discover the design your outdoor space while creating a harmonious and rewarding environment.

DIY MOSS TERRARIUM
Rachael Bush
There’s nothing more eye-catching than creating your own little world and watching it thrive under your care. You’ll learn the basic steps to building a terrarium! Discover the magic of this miniature world, brimming with life and ready to thrive under your care.

VEGETABLE GARDENING BASICS
Gaela Bell
Would you like to grow heritage lettuce and spinach, juicy tomatoes, flavorful carrots, cucumbers, and more? Learn the tricks to a successful vegetable garden in this informative beginners class. Focusing on the potential of your outdoor space while creating a harmonious and rewarding environment.

SUCCULENTS: AN INTRODUCTION
Autumn Bush
Succulents are low-maintenance plants that will liven up any home or garden. They’re perfect for small spaces, and are a wonderful conversation piece that combines aesthetics and functionality. You’ll learn about common garden insects and diseases.

HOW TO DESIGN FREESTANDING BORDERS FOR ANY GARDEN
Daylodee Zerr
Transform any space into a peaceful haven with a border. This class will walk you through the basics of designing a peaceful haven with a border. In this class you’ll learn all about these wonderful air plants, how to care for them, and receive hands-on experience with planting one to take home! All supplies will be provided.

AIR PLANTS: AN INTRODUCTION
Brianne Dela Cruz
Air plants are adaptable and easy to care for; if you know what you’re doing, this class won’t all be about these wonderful plants. You’ll learn about air plants, how to care for them, and planting one to take home! All supplies will be provided.

SOMETHING OLD, SOMETHING NEW: MAKING YOUR GARDEN LEAFY AGAIN
Katie Lawson
You may ask, “What can I do with all of these leaves?” And the answer is…“Get creative!” In this class you’ll learn about common garden insects and diseases.
So grateful for Stephanie sharing her expertise with us. It felt so generous the amount of one-on-one, the in-depth answers we got for questions, and the creativity she gave in her advice and ideas. I really enjoyed this class and am excited to see how my yard transforms because of what I’ve learned.

-Shelli A.
A CRASH COURSE IN SPEAKING SPANISH

César Avila
Embark on an exciting language journey and dip your toes into the world of Spanish! Whether you’ve got a flight to Spain on the horizon, a desire to connect with your Bolivian neighbor, or simply crave a fresh and enjoyable experience, this course is made for you. You’ll acquire essential building blocks to initiate conversations in Spanish, serving as a stepping stone for your language learning adventure. This fun, judgment-free space will encourages you to embrace the joy of learning. ¡Sí se puede!

LLLAN 434-001 | T, Mar 5-Apr 9 | 6:30 PM-8:30 PM | 540 Arapeen Dr, Room 146 | $149

CONVERSATIONAL ITALIAN I

Jason Cox
Learn the language of warmth and passion. We’ll cover the basic conversational skills you’ll need to travel to Italy while learning about the people, art, and culture of this fabulous country. This class is designed to be repeated as often as you wish. Students must purchase two texts: “Italian: A Self-Teaching Guide (Second Edition)” by Edoardo A. Lebano and any Italian to English dictionary.

LLLAN 362-001 | T, Jan 23-Feb 27 | 7:00 PM-9:00 PM | 540 Arapeen Dr, Room 124 | $149

BEGINNING GERMAN

Joachim Dreier
Have fun while learning a language spoken by more than 150 million people worldwide: German! Learn the basic conversational skills you need to work, travel, or even live in Germany. You’ll focus on pronunciation, vocabulary, reading, and writing. Taught by a native German-speaking instructor, this class will be filled to the brim with examples of contemporary conversation and culture. Students are required to purchase their own copy of “The Everything Learning German Book” by Edward Swick.

LLLAN 433-001 | W, Feb 21-Mar 27 | 6:00 PM-9:00 PM | 540 Arapeen Dr, Room 124 | $219

BEGINNING SINGING SKILLS AND TECHNIQUES

Megan Blue
Singing is an expressive act that anyone can enjoy, but what does it take to sing so that people want to listen? Join a local performing artist and teacher to explore the basic anatomy of your throat, breath connection, and how to control your voice with air pressure. We’ll work toward singing without tension and discover how singing is different from speaking. Finally, you’ll learn what makes a good performer and the difference between vocal styles and genres. You’ll leave this class with basic exercises for improvement and individualized feedback to make your singing voice the best it can be!

LLMT 485-001 | W, Jan 17-Feb 7 | 6:30 PM-8:00 PM | (540 Arapeen Dr, Room 160 | $99 + $10 special fee

BEGINNING GUITAR I

Randin Graves
Whether you’re a total beginner or a lifelong dabbler, here’s a chance to get a solid foundation with the guitar, particularly for fans of folk, rock, blues or pop music. Learn basic exercises, scales, chords, fingerpicking, and music notation. Students must have their own acoustic or electric guitar. Students must bring their own instrument.

LLMT 382-001 | M, Jan 22-Feb 12 | 7:00 PM-8:30 PM | 540 Arapeen Dr, Room 120 | $119

BEGINNING BANJO

Rex Flinner
What do Steve Martin, Winfrey Wonder, and Taylor Swift have in common? They all play the banjo! Thought to have evolved from similar instruments in the African continent, the banjo has become a mainstay of contemporary American music. In this class, you’ll learn the techniques you’ll need to master a variety of banjo styles. Strum, pick, and pluck your way through this engaging class. No experience needed. Students must have their own banjo. In addition to your banjo, students must also purchase their own pick, fingerpicks and tuner.

LLMT 429-001 | W, Jan 10-Feb 14 | 6:00 PM-7:30 PM | 540 Arapeen Dr, Room 246 | $8 + $149 special fee

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Singing is an expressive act that anyone can enjoy, but what does it take to sing so that people want to listen? Join a local performing artist and teacher to explore the basic anatomy of your throat, breath connection, and how to control your voice with air pressure. We’ll work toward singing without tension and discover how singing is different from speaking. Finally, you’ll learn what makes a good performer and the difference between vocal styles and genres. You’ll leave this class with basic exercises for improvement and individualized feedback to make your singing voice the best it can be!

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public speaking workshop
Elizabeth Wiley
Though most of us will have to do it at some point, public speaking can be a scary fear to deal with for some. Let your instructor, who has years of experience coaching and teaching—all included for this improv series, you'll get to be the writer, performer, and audience! This is an excellent class for anyone interested in trying improv comedy for the first time. Storytelling and elevate your improv prowess. Prerequisite: LLMT 396 Improv Comedy Workshop or similar experience.

BEGINNING PODCAST BOOTCAMP
Lori Lee
Have you thought of starting a podcast but weren’t sure where to begin? We'll talk about best practices for creating a successful show. In this course we will start at the beginning to determine why you want to do a podcast and what kind of show will be best for your desired audience. We will cover the editing process, we will spend time workshopping your ideas and to get cover art and music, and how to go live on various platforms.

flamenco dance an introduction
Katie Sheen-Abbott
Flamenco is a graceful dance of expression characterized by intricate hand, foot, and body movements. This is a fun and insightful class where performers create interconnected scenes based on a single suggestion. Explore various Longform structures, mastering the art of extended improvisation that can captivate audiences for 25 minutes or more. Join us for a laughter-filled exploration of comedic storytelling and elevate your improv prowess. Prerequisite: LLMT 396 Improv Comedy Workshop or similar experience.

IMPROV COMEDY WORKSHOP I
Clint Erekson
Ready for some fun and games after work? Improvisational comedy is theatrical humor made up on the spot using your imagination. Discover how to bring your creative ideas to life in real-time through brain teasers, games, and other forms of play, learn the rules of improvisation, develop your own unique character, and most importantly, entertain an audience. This class is also very interactive and can be personalized to our needs and interests.

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CLASSIC ROCK RHYTHM GUITAR
Aedan Grover
Have you already taken our Beginning Guitar classes and want to learn more? If you’re ready to take the next step and learn how to play with other people, here’s your chance! By learning a selection of classic rock songs—from folk-rock to hard rock—you will improve basic skills and try more advanced techniques such as fingerpicking and alternate tuning. Students should have knowledge of basic chords, rhythm, tablature reading, and tuning. Students must bring their own instrument.
LLMT 465-001 | M, Apr 8-Apr 29 | 7:00 PM-8:30 PM
540 Arapeen Dr, Room 120 | $45

THE ART OF THEATER PRODUCTION AND PERFORMANCE
David Knoell
Join our theater course designed for all theater enthusiasts, whether you’re a beginner or seasoned aficionado. In your first classroom session, you will delve into the art of theater production and performance by dissecting reviews of local and national productions. Then, enjoy a night at the theater for a live performance of “Bitter Lemon,” a play by local playwright Melissa Leilani Larson, produced by Plan-B Theatre. After meeting the playwright herself, you’ll spend your final classroom session crafting your own reviews for feedback from the class. Immerse yourself in the world of theater and enhance your appreciation for this captivating art form!
LLMT 490-001 | T, Apr 9-Apr 16 | 6:00 PM-8:00 PM
LLART 115-001 | T, Jan 23-Feb 27 | 6:30 PM-9:00 PM
AND S, Feb 17 | 10:00 AM-12:00 PM
540 Arapeen Dr, Room 246 | $69 + $15 special fee
AND LLART 115-002 | Th, Jan 25-Feb 22 | 6:30 PM-9:00 PM
AND S, Feb 17 | 1:00 PM-3:00 PM
540 Arapeen Dr, Room 154/Outdoors | $175 + $5 special fee

DIGITAL PHOTOGRAPHY: AN INTRODUCTION
Neil Eschenfelder
Take an in-depth look at megapixel counts, white balance, shutter speed, lens opening, and other digital camera functions and learn how to use them to your advantage. We’ll also cover traditional photographic imaging skills such as use of shutter speeds and lens openings, composition, and portraiture so you can spend more time making great images and less time fixing them on your computer. You’ll get the most out of this class if your camera features manual as well as automatic controls. Please bring your camera and manual to the first class. See further details online.
LLMT 105-001 | T, Jan 23-Feb 15 | 6:30 PM-9:00 PM
LLMT 105-002 | Th, Jan 25-Feb 22 | 6:30 PM-9:00 PM
Sandy Campus/Outdoors
LLMT 105-003 | T, Apr 8-Apr 29 | 6:30 PM-9:00 PM
LLMT 105-004 | Th, Apr 11-Apr 18 | 6:30 PM-9:00 PM
540 Arapeen Dr, Room 148 | $59

DIGITAL PHOTOGRAPHY II
Neil Eschenfelder
Have you mastered shutter speed, lens opening, and ISO? Want to explore the unique features of your digital camera such as white balance, contrast, HDR, resolution, HDR shooting, metering modes, and black and white? We’ll use a combination of field and classroom sessions to make the most of the immediacy of digital feedback. Learn to understand and benefit from the unique controls your digital camera gives you. Work with an experienced photographer to achieve the goals you have been striving towards. See further details online.
LLMT 131-001 | W, Mar 13-Mar 27 | 6:30 PM-8:30 PM
LLMT 131-002 | W, Mar 15-Mar 22 | 1:00 PM-3:00 PM
540 Arapeen Dr, Room 154/Outdoors | $125 + $5 special fee

PHOTOGRAPHY AS ACTIVISM
Jeri Gravlin
Do you want to use your time and photography to make a difference in your community? Join the photography and photographers who have created social change and discover how you can incorporate concepts of activism into your work. You will learn skills and principles to get your photos noticed in the activism space. This course is perfect if you are interested in photo journalism, storytelling through imagery, or just want to take a difference. Please come prepared with your own camera.
LLMT 295-001 | T, Jan 23-Feb 15 | 6:30 PM-9:00 PM
540 Arapeen Dr, Room 148 | $59

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**BICYCLE MAINTENANCE**

**BEGINNING BICYCLE MAINTENANCE I**

Jake Smith

This course is designed with the beginning hobbyist or mechanic in mind and will cover basic maintenance, from repairing a flat tire to tightening your headset. We'll discuss common bicycle issues, how to identify problems, and different strategies to get your bike home if something breaks on the trail. This class will have demonstrations, please do not bring your own bike.

We will also cover tools required to do your own bike maintenance, the types of tools and the best tools to carry for trailside repairs, and different strategies to keep your bike in working order. This course is designed for beginners or those looking to get into bike maintenance. Your instructor is a certified and experienced cyclist who will guide you through the basics of beginner-level bike maintenance.

**BEGINNING BICYCLE MAINTENANCE II**

Erik Ostrander

This course will teach you the basics of pushing, turning, and stopping like a boss in no time. Maybe most importantly, you'll learn how to safely take a fall to avoid injury. You'll be with other like-minded individuals, so the name of the game is no shame. Along with learning to skate, our knowledgeable and experienced instructors will teach you the basic anatomy and components of skateboards, how to understand the parts and what they do, help you set goals, and provide the stoke to keep you progressing. Come to this class and join us to learn about skateboarding and to face your fears and join us to learn sick moves and be the envy of all your friends! Please bring a water bottle, snacks, and a good pair of skate shoes (vans, slip-ons, or other streetwear shoes).

**SPECIALTY COURSES**

**DUNGEONS & DRAGONS: AN INTRODUCTION**

Andrea Uehling

Embark on an exhilarating journey towards marathon or half-marathon training. This class will teach you the basics of pushing, turning, and stopping like a boss in no time. Maybe most importantly, you'll learn how to safely take a fall to avoid injury. You'll be with other like-minded individuals, so the name of the game is no shame. Along with learning to skate, our knowledgeable and experienced instructors will teach you the basic anatomy and components of skateboards, how to understand the parts and what they do, help you set goals, and provide the stoke to keep you progressing. Come to this class and join us to learn about skateboarding and to face your fears and join us to learn sick moves and be the envy of all your friends! Please bring a water bottle, snacks, and a good pair of skate shoes (vans, slip-ons, or other streetwear shoes).

Andrea Uehling

**MERMAID SWIMMING AND DIVING**

Ani Ferguson

Join one of Utah’s foremost mermaiding experts for an exciting and informative session where you will learn the basics of breath-hold swimming with a monofin and surface diving, how to enter and exit the water, and the mechanics of doing it. Mermaiding is for everyone no matter your gender, shape, background, or age—it’s never too late to transform into a mermaid! See further details online.

**ADULT SURVIVAL SKILLS**

Michael Fagerstrom

Immerse yourself in the outdoors and join us for a basic introduction to fly fishing. You’ll start off with an evening of in-class discussion about gear, techniques, knots, and fly selection with a local fishing expert and guide. On Saturday, join your guide for a day on the river to be an active part of the experience. Not sure you’re ready to fly fish? Don’t worry, your instructor will have equipment available for an extra fee. For the day on the river, you’ll be responsible for providing your fishing license, lunch, polarized sunglasses (essential for eye protection), and either have rental equipment available for an extra fee. This course is designed with the beginning hobbyist or mechanic in mind and will cover basic maintenance, from repairing a flat tire to tightening your headset. Your instructor is a certified wilderness first responder who has logged thousands of hours in the outdoors and will cover topics such as how to build various shelters using just a tarp and twine, starting a fire without matches, how to filter water with a solar still, and what it takes to survive in the outdoors, including how to build various shelters using just a tarp and twine, starting a fire without matches, and various methods of water filtration (including a solar still). Your instructor, a certified wilderness first responder who has logged thousands of hours in the outdoors and will cover topics such as how to build various shelters using just a tarp and twine, starting a fire without matches, and various methods of water filtration (including a solar still). Your instructor, a certified wilderness first responder who has logged thousands of hours in the outdoors and will cover topics such as how to build various shelters using just a tarp and twine, starting a fire without matches, and various methods of water filtration (including a solar still). Your instructor, a certified wilderness first responder who has logged thousands of hours in the outdoors and will cover topics such as how to build various shelters using just a tarp and twine, starting a fire without matches, and various methods of water filtration (including a solar still). Your instructor, a certified wilderness first responder who has logged thousands of hours in the outdoors and will cover topics such as how to build various shelters using just a tarp and twine, starting a fire without matches, and various methods of water filtration (including a solar still). Your instructor, a certified wilderness first responder who has logged thousands of hours in the outdoors and will cover topics such as how to build various shelters using just a tarp and twine, starting a fire without matches, and various methods of water filtration (including a solar still). Your instructor, a certified wilderness first responder who has logged thousands of hours in the outdoors and will cover topics such as how to build various shelters using just a tarp and twine, starting a fire without matches, and various methods of water filtration (including a solar still). Your instructor, a certified wilderness first responder who has logged thousands of hours in the outdoors and will cover topics such as how to build various shelters using just a tarp and twine, starting a fire without matches, and various methods of water filtration (including a solar still). Your instructor, a certified wilderness first responder who has logged thousands of hours in the outdoors and will cover topics such as how to build various shelters using just a tarp and twine, starting a fire without matches, and various methods of water filtration (including a solar still). Your instructor, a certified wilderness first responder who has logged thousands of hours in the outdoors and will cover topics such as how to build various shelters using just a tarp and twine, starting a fire without matches, and various methods of water filtration (including a solar still). Your instructor, a certified wilderness first responder who has logged thousands of hours in the outdoors and will cover topics such as how to build various shelters using just a tarp and twine, starting a fire without matches, and various methods of water filtration (including a solar still).
PRACTICAL SELF-CARE FOR NAVIGATING YOUR MENTAL HEALTH DIAGNOSIS
Melanie Davis
Health Counselor, psychotherapist, and longtime integrative wellness expert--to explore sensible and functional skills. You'll acquire ideas and practices to examine your personal wellness practices and develop tools that allow you to feel more empowered, cared for, and able to navigate your mental health diagnosis.
LLHL 183-001 | Th, Jan 17-Feb 7 | 6:00 PM-8:00 PM
540 Arapeen Dr, Room 132 | $69 + $35 special fee

6 STEPS TO STARTING YOUR INTUITEVE EATING AND MINDFULNESS JOURNEY
Lo Segal
started on your intuitive eating and mindfulness journey. This class will provide six practical steps that will help get you started? Curious about mindfulness practices (ex. gentle yoga, stretching or force, learn how to restore comfort and flexibility with slow, natural, yawn-like movements that keep muscles functioning optimally. By the time we're done, you'll have a simple self-care routine that will gently release and realign your body.
LLHL 255-001 | S, Jan 27 | 10:00 AM-3:00 PM
540 Arapeen Dr, Room 154 | $69 + $20 special fee

SOMATIC MOVEMENT FOR CHRONIC PAIN AND AGING
Jodi Christensen
Somatic movement is the use of gentle, safe movements to aid in reliving day-to-day stress, increasing athletic performance, managing chronic pain, improving balance, flexibility and posture. You'll also learn how to elevate future soap bars into specialty gifts with recommendations on molds, essential oils, and fragrances for future batches. You'll practice safe handling of lye, identify the tools and types of oils used in basic cold process soap making, and learn the six steps of making handmade soap.
LLHL 223-001 | S, Feb 24 | 9:00 AM-1:00 PM
540 Arapeen Dr, Room 146 | $49 + $25 special fee

HEALTHY MOVEMENT FOR CHRONIC PAIN AND AGING
Lo Segal
This workshop will provide six practical steps that will help get you started? Curious about mindfulness practices (ex. gentle yoga, stretching or force, learn how to restore comfort and flexibility with slow, natural, yawn-like movements that keep muscles functioning optimally. By the time we're done, you'll have a simple self-care routine that will gently release and realign your body.
LLHL 255-001 | S, Jan 27 | 10:00 AM-3:00 PM
540 Arapeen Dr, Room 154 | $69 + $20 special fee

HOMEMADE LOTIONS AND CREAMS
Carrie Roberts
Learn tips and tricks for combining natural oils and emulsifying waxes to make your own silky-smooth lotion! Explore the benefits of essential oils and antioxidants. Please bring an apron and your favorite essential oil.
LLHL 263-001 | S, Jan 20 | 10:00 AM-12:00 PM
540 Arapeen Dr, Room 146 | $39 + $5 special fee

SOAP MAKING
Carrie Roberts
You'll explore the importance of knowing your ingredients and how to effectively use them. You'll learn how to safely handle lye, identify the tools and types of oils used in basic cold process soap making, and understand the six steps of making handmade soap. You'll practice safe handling of lye, identify the tools and types of oils used in basic cold process soap making, and leave with 8-10 bars of long-lasting soap (approximately 1 liquid pound). You'll also learn how to elevate future soap bars into specialty gifts with recommendations on molds, essential oils, and fragrances for future batches. You'll practice safe handling of lye, identify the tools and types of oils used in basic cold process soap making, and leave with 8-10 bars of long-lasting soap (approximately 1 liquid pound). You'll also learn how to elevate future soap bars into specialty gifts with recommendations on molds, essential oils, and fragrances for future batches.
LLHL 262-001 | Th, Mar 21-Apr 4 | 6:30 PM-8:00 PM
540 Arapeen Dr, Room 146 | $49 + $15 special fee

THE DOING THE WORK: CULTIVATING AND SUSTAINING A FULFILLING RELATIONSHIP
Hannah Muetzelfeld & Gregory Noel
Do you want to learn how to communicate with your romantic partner in a way that leads to discussions rather than arguments? You're in the right place! Join two couple therapists with a wealth of knowledge and experience in creating and sustaining healthy and long-lasting relationships. You'll learn about creating the relationship that you deserve. This class is open to everyone including individuals, new and established couples, straight and queer couples, and polyamorous couples and polyamorists. Learn about creating the relationship that you deserve. This class is open to everyone including individuals, new and established couples, straight and queer couples, and polyamorous couples and polyamorists.
LLHL 262-001 | Th, Mar 21-Apr 4 | 6:30 PM-8:00 PM
Online (Zoom)

PET FIRST AID AND CPR
Linda Gregersen
Prepare to be your pet’s hero with our Pet First Aid and CPR class! You’ll gain essential skills such as safe muzzling and proper restraint techniques. Learn how to assess your pet’s vital signs including pulse, respiratory rate, and capillary refill time. Discover crucial strategies for addressing various emergency situations, from blunt and bullet injuries, and strokes. You’ll master rescue breathing and CPR techniques, giving your pet the best chance in critical situations. Learn about creating the relationship that you deserve. This class is open to everyone including individuals, new and established couples, straight and queer couples, and polyamorous couples and polyamorists.
LLHL 262-001 | Th, Mar 21-Apr 4 | 6:30 PM-8:00 PM
Online (Zoom)

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This was the BEST class. It had all the great things about school (joy of learning, exposure to fantastic material, meeting new people) without the stressful parts (tests, papers, etc.). Scott did an incredible job guiding us through this literature and I looked forward to this class with excitement and anticipation each week. Now I want to take every class Scott offers from here on out!

-Allison S.

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NOVEL WRITING WORKSHOP
Arigo Hung
Join an award-winning author for this intensive, one-day workshop. You will learn everything you need to start writing your novel. Expect to leave with a synopsis and outline for a book you’ll be able to embark upon after the class is completed. LLLRC 860-001 | S, Mar 2 | 10:00 AM-4:00 PM 50 Arapeen Dr, Room 142 $59

UNFOLDING YOUR STORY
Anita S. Dingle
There are so many ways to develop a plot as there are writers trying to do that. Before you can begin spinning your plot, it helps to understand the purpose and structure of different plot categories. Join me to learn how to build a story road map by layering plots and subplots with tension builders and motivators, increasing your understanding of how a good story is written. You will utilize in-class writing activities and worksheets, at-home activities, and peer and instructor critique to build your own compelling storylines. LLLRC 884-001 | Th, Mar 7-Mar 14 | 6:00 PM-8:00 PM 50 Arapeen Dr, Room 154 $59

BUILDING YOUR ONLINE PLATFORM FOR WRITERS & ARTISTS
Alex Jay Lore
Whether you’re just starting out or you have been active for a while, digital marketing is a necessary part of every writer’s and artist’s professional life. Learn how to keep on your own apace or be overwhelmed and may leave you feeling lost and confused. Join us to learn tips and tricks that will get you started building your online presence including ways to develop your brand, identify your audience, and use your online platform to add, rather than detract from, your writing, art, or performances. LLLRC 868-001 | M, Mar 4-Mar 18 | 6:30 PM-8:30 PM 540 Arapeen Dr, Room 146 $69

SHORT STORY WORKSHOP
Arigo Hung
Join an award-winning author in this intensive writing workshop as you’re guided through several exercises to generate ideas for your short stories. By the end of class, you’ll have a piece of flash fiction ready to submit to publications. LLLRC 871-001 | S, Mar 16 | 12:00 PM-4:00 PM 50 Arapeen Dr, Room 132 $59

LITERARY QUERYING
Johnny Worthen
So you’ve written a book. How? Approaching the publishing world can be a lonely and daunting task. This class will give you a jumping start by providing you with the knowledge and skill required to navigate the world of agents and publishers. It is recommended (but not necessary) to bring a finished piece of work you are trying to publish. This is a workshop-heavy class where you will polish your pages and develop a pitch to give you the best chance in the great publishing hunt. This class may explore adult themes, language, and content. LLLRC 844-001 | S, Mar 23-Apr 13 | 10:00 AM-2:00 PM 50 Arapeen Dr, Room 132 $175

HEY, LISTEN!: WRITING VOICE
Alex Jay Lore
Voice—the way you or your characters uniquely come through on the page—is one of the things that sets authors apart. Join us to learn about the different types of voice, how to watch out for them, and how to create characters that are as unique and engaging as possible. They say it’s hard to teach voice. Turns out, all you really need is practice. LLLRC 899-001 | S, Mar 9 | 1:00 PM-4:00 PM 50 Arapeen Dr, Room 120 $49

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Whether you’re just starting out or you have been active for a while, digital marketing is a necessary part of every writer’s and artist’s professional life. Learn how to keep on your own apace or be overwhelmed and may leave you feeling lost and confused. Join us to learn tips and tricks that will get you started building your online presence including ways to develop your brand, identify your audience, and use your online platform to add, rather than detract from, your writing, art, or performances. LLLRC 868-001 | M, Mar 4-Mar 18 | 6:30 PM-8:30 PM 540 Arapeen Dr, Room 146 $69

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Kim (Eldridge) was very good at knowing her topics and connecting with her students. She had complete lists of things to do to start writing and gave examples with writing.

Shawna S.

LITERARY CLASSICS: JORGE LUIS BORGES’S FICTIONS
Scott Black

Jorge Luis Borges is one of the greatest masters of the twentieth-century short story. His writing and literary philosophy are both entertaining and mind-stretching to think about. Full of paradoxes, parables, paradoxes of consciousness, the interplay of different realities, and great storytelling, Borges’s fictions are both entertaining to read and endlessly fascinating to think about. Full of puzzles, mirrors, parables of consciousness, Borges’s fictions have been hugely influential through world literature and yet remain inimitable. We’ll read a generous selection from his Collected Fictions, translated by Andrew Hurley. Students provide their own books; find more information online.

LLWRC 912-001 | W, Mar 6, Mar 20, Apr 3 | 6:00 PM-7:30 PM
540 Arapeen Dr, Room 132 | $69

Kim (Eldridge) was very good at knowing her topics and connecting with her students. She had complete lists of things to do to start writing and gave examples with writing.

Shawna S.

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Scott Black

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