A LIFE-ENHANCING, INTELLECTUAL COMMUNITY

At the University of Utah, we enjoy one of the largest and fastest-growing Osher Lifelong Learning Institutes in the country. Osher changes lives every day by offering more than continuing education courses. We support a community of curious adults who value education highly.

We are a community of peers, seasoned adults ages 50 and better, who bring a wealth of life experience and knowledge to the classroom and to this special program. We offer courses, lecture series, tours, and educational field trips during four terms each year, six weeks in fall, winter, spring, and summer.

BUILD A NETWORK OF FRIENDS

If you are looking for a chance to become more actively engaged and involved in a vibrant community, Osher has an opportunity for you. From simply taking classes or volunteering as an assistant, to serving on an esteemed committee, or even teaching a course yourself to share your life’s wisdom; there are many ways to meet new friends, have fun, and make a difference.

Enrich your life by enrolling in one of Osher’s engaging classes and events today. We would love to welcome you into our lifelong learning community. Let the learning and fun begin!

MORE INFORMATION

Please contact the Osher offices by calling 801-581-6461 or emailing osher@utah.edu to find out more about our wonderful program and the many benefits of membership.

OSHER ONLINE WITH NORTHWESTERN UNIVERSITY

The Bernard Osher Foundation will continue to offer Osher Online this fall! Run by the National Resource Center (NRC) at Northwestern University, this special program allows members from various Osher Lifelong Learning to participate in shared online courses. These courses are not meant to replace our locally offered in-person or online courses but rather to supplement our own local offerings. The very high quality courses feature popular instructors from some of the 125 Osher Institutes across the country.

Osher Online allows Osher members from different states and institutions to learn with and connect to each other while maintaining membership at their own local Institutes. We hope you will enjoy being a part of the fun!

OSHER 760 - Various Courses Taught Online Via Zoom

Please check our website for detailed class listings with topics, instructors, days, dates, and times. This information and the registration deadline will be announced as this information becomes available to us. Enrollment will be limited so be sure to register early! A mandatory orientation will be required for all enrolled attendees.

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<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
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<td>8:00</td>
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<tr>
<td>11:30</td>
<td><em>-Korean Ink Art: Let’s Paint Pomegranates</em></td>
<td><em>-Handbuilding Functional Ceramics with Horacio Rodriguez</em></td>
<td><em>-Intermediate Chess (Chess III)</em></td>
<td><em>-Classical Guitar</em></td>
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<td>1:30</td>
<td><em>-Mindful Movement: Stretching and Giggling</em></td>
<td><em>-Landscape Photography</em></td>
<td><em>-American Troubadours: Their Life and Songs</em></td>
<td><em>-Connecting with Your Apple Watch</em></td>
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<td>2:00</td>
<td><em>-History of the Roaring Twenties &amp; the Great Depression</em></td>
<td><em>-Laughing All the Way? Screwball Comedy Films: 1934-1945</em></td>
<td><em>-Connecting with Grandchildren: Grandparent-Tested Practices and Traditions</em></td>
<td><em>-East of Eden: The Brilliance of John Steinbeck</em></td>
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<td>2:30</td>
<td><em>-Introduction to Astronomy</em></td>
<td><em>-Live Free of Clutter &amp; Get Organized at Last!</em></td>
<td><em>-How Did I Get Here? Our Memories Through Writing</em></td>
<td><em>-Critical Materials and the Green Energy Transition</em></td>
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<td>3:00</td>
<td><em>-Writing the Memorable</em></td>
<td><em>-Painting Your Way from Impressionism to Cubism</em></td>
<td><em>-How Did I Get Here? Our Memories Through Writing</em></td>
<td><em>-Exploring the History &amp; Landscapes of the Great Salt Lake</em></td>
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<td>3:30</td>
<td><em>-Beginning Line Dancing</em></td>
<td><em>-Current Issues in American Public Affairs and Politics</em></td>
<td><em>-Feldenkrais Fundamentals: Self-Healing Through Movement</em></td>
<td><em>-Dickens in Serial</em></td>
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<tr>
<td>4:00</td>
<td><em>-Current Issues in American Public Affairs and Politics</em></td>
<td><em>-Making Sense of the Climate Crisis Based on the Wake Up World Curriculum</em></td>
<td><em>-From Russia With Love: Experiencing Russia Through Film</em></td>
<td><em>-Exploring the History &amp; Landscapes of the Great Salt Lake</em></td>
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<td>4:30</td>
<td><em>-Churchill and FDR: Two Extraordinary Leaders with Secrets (Single Session: Oct 10)</em></td>
<td><em>-Introduction to World Religions</em></td>
<td><em>-Longevity: Building an Age-Friendly Lifestyle</em></td>
<td><em>-The Magic of Conflict Approach</em></td>
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<td>5:00</td>
<td><em>-Eisenhower and the Espionage Establishment (Single Session: Oct 17)</em></td>
<td><em>-Utah Opera Preview: Puccini’s La Bohême (Single Session: Sept 26)</em></td>
<td><em>-Longevity: Building an Age-Friendly Lifestyle</em></td>
<td><em>-The Magic of Conflict Approach</em></td>
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<td>5:30</td>
<td><em>-Marcie’s Movie Club</em></td>
<td><em>-Re-Imagining Your Life: A Creative Aging Writing Workshop</em></td>
<td><em>-Moving Forward on Your Journey of Grief and Healing</em></td>
<td><em>-Writing a “Legacy Letter”</em></td>
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<td>7:00</td>
<td><em>-Golden Years, Real Estate, and Hidden Treasure</em></td>
<td><em>-The Idea of Wilderness</em></td>
<td><em>-A Practical Exploration of the World of Wine</em></td>
<td><em>-Artistic Geniuses: Their Writings and Art</em></td>
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<td>7:30</td>
<td><em>-Transitional Methods for Ukulele</em></td>
<td><em>-Don’t Just Retire...Refire! An In-Depth Discovery of Your Third Act of Life</em></td>
<td><em>-Journeys into Eastern Philosophy</em></td>
<td><em>-The Art of Mindfulness</em></td>
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**Key**
- In-person
- Zoom
- Offsite Location
- Sandy Center
- One Sandy Center
- 10011 Centennial Parkway, Ste 100
- Sandy, UT 84070
- Monson Center
- 311 E S Temple St
- Salt Lake City, UT 84111