



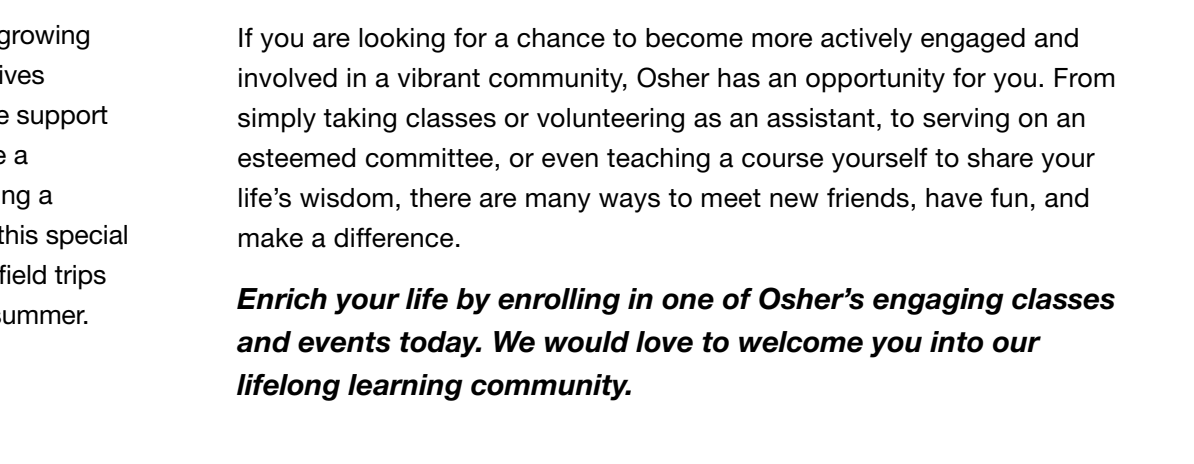
COURSES FOR AGES 50 &
BETTER IN VISUAL ARTS,
POLITICS, HISTORY,
SCIENCE & TECHNOLOGY,
FITNESS, LITERATURE,
AND MUSIC!



THE
UNIVERSITY
OF UTAH

FALL 2024 COURSES | REGISTRATION OPENS AUG 6 AT 9AM | OSHER.UTAH.EDU | 801.581.6461

Building a COMMUNITY of LEARNING



A LIFE-ENHANCING, INTELLECTUAL COMMUNITY

At the University of Utah, we enjoy one of the largest and fastest-growing Osher Lifelong Learning Institutes in the country. Osher changes lives every day by offering more than continuing education courses. We support a community of curious adults who value education highly. We are a community of peers, seasoned adults ages 50 and better, who bring a wealth of life experience and knowledge to the classroom and to this special program. We offer courses, lecture series, tours, and educational field trips during four terms each year, six weeks in fall, winter, spring, and summer.

NURTURING RELATIONSHIPS AND CURIOSITY

Osher is built on special relationships. We support passionate instructors who give their time and expertise, sharing what they care about most. We benefit from the skills of dedicated volunteers who recruit instructors, create engaging activities for their fellow members, and help spread the word about this life-changing program.

BUILD A NETWORK OF FRIENDS

If you are looking for a chance to become more actively engaged and involved in a vibrant community, Osher has an opportunity for you. From simply taking classes or volunteering as an assistant, to serving on an esteemed committee, or even teaching a course yourself to share your life's wisdom, there are many ways to meet new friends, have fun, and make a difference.

Enrich your life by enrolling in one of Osher's engaging classes and events today. We would love to welcome you into our lifelong learning community.

MORE INFORMATION

Please contact the Osher offices by calling **801-581-6461** or emailing **osher@utah.edu** to find out more about our wonderful program and the many benefits of membership. **Membership is just \$40 per year.**

OSHER ONLINE WITH NORTHWESTERN UNIVERSITY

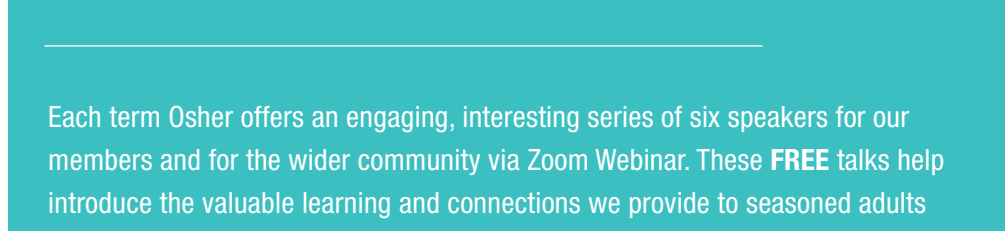
A PROGRAM FOR ONLINE LEARNING WITH THE NATIONAL RESOURCE CENTER FOR OSHER INSTITUTES AT NORTHWESTERN UNIVERSITY

The Bernard Osher Foundation will continue to offer **Osher Online** this fall! Run by the **National Resource Center (NRC) at Northwestern University**, this special program allows members from various Osher Lifelong Learning Institutes to participate in shared online courses. These courses are not meant to replace our in-person or online courses, but rather to supplement our local offerings. High-quality courses featuring popular instructors from some of the 125 Osher Institutes across the country allow members from different states and institutions to connect.

OSHER 760 - Various Courses Taught Online Via Zoom

Please read below for class listings and check our website for detailed course descriptions. Fall courses for Osher Online will run from **Sept 30-Nov 21**. Enrollment will be limited so be sure to register early! *A mandatory orientation will be required for all enrolled attendees. Special fees to attend are non-refundable.*

We hope you will enjoy being part of the fun!



LUNCH AND LEARN LECTURES

TEST DRIVE US FOR FREE!

Each term Osher offers an engaging, interesting series of six speakers for our members and for the wider community via Zoom Webinar. These **FREE** talks help introduce the valuable learning and connections we provide to seasoned adults "age 50 and better!" Join us and invite a friend. Sessions are recorded, kept on our website archives, and freely available to all. Help spread the word about this valuable opportunity to learn new things each week at Osher, simply for the joy and fun of it!

"But she I have ever taken, including college and postgraduate work. What a terrific teacher. She has a great balance of instruction and participation that makes it fun! I'll be taking the next class she offers!"

"This was my first Osher course and it was an excellent experience for me. I found the presenters to be exceptionally well prepared and so very interesting and informative. I have recommended the class to many friends and I am excited to continue taking these wonderful courses."

FALL 2024 CLASSES

MONDAY						
	Build Strength and Fitness with Vivo for Seniors 202-001	Vivo Fitness Team	8:00-8:45AM	Sept 16-Oct 24	Zoom	\$199 special fee
	Build Strength and Fitness with Vivo for Seniors 202-002	Vivo Fitness Team	9:00-9:45AM	Sept 16-Oct 24	Zoom	\$199 special fee
	Chinese Archaeology in North America 707-001	Chris Merritt	9:30-11:00AM	Sept 16-Oct 21	540 Arapeen Dr Room 238	\$99
	History of Classical Guitar 364-001	Gabino Flores	9:30-11:00AM	Sept 16-Oct 21	540 Arapeen Dr Room 154	\$99
	Spanish Colonialization of Areas of the US Called the Spanish Borderlands 970-001	Walter Jones	9:30-11:00AM	Sept 16-Oct 21	540 Arapeen Dr Room 232	\$99
	China in Transition Revolution, Modernization & Militarization 1949-2024 882-001	Cole Capener & Fred Esplin	11:30AM-1:00PM	Sept 16-Oct 21	540 Arapeen Dr Room 232	\$99
	Einstein's Theories of Relativity 453-001	Robert Bigelow	11:30AM-1:00PM	Sept 16-Oct 7	540 Arapeen Dr Room 154	\$79
	Hearing Loss: Improve Your Communication 827-001	Chelle Wyatt	11:30AM-1:00PM	Sept 16-Oct 21	540 Arapeen Dr Room 138	\$99
	Language Myths Debunked! 517-001	Asya Pereltzvaig	11:30AM-1:00PM	Sept 16-Oct 28 (no class Sept 30)	Zoom	\$99
	Masterpieces at the Met: 19th Century Movements 85-001	Margaret Landesman & Jill E. Meyer	11:30AM-1:00PM	Oct 21-Nov 4	540 Arapeen Dr Room 238	\$59
	Atoms, Subatomic Particles, and Quantum Mechanics 858-001	Robert Bigelow	1:30-3:00PM	Sept 16-Oct 7	540 Arapeen Dr Room 154	\$79
	End of Life and Care Planning 995-001	Madilyn Morgan	1:30-3:00PM	Sept 16-Oct 21	Zoom	\$99
	Qi Point Therapy: Address Common Ailments & Promote Health Using Traditional Chinese Medicine 91-001	Chantal Papillon	1:30-3:00PM	Sept 16-Nov 4	540 Arapeen Dr Room 152	\$109
	Marcie's Movie Club 325-001	Marcie Collett	1:45-5:00PM	Sept 16-Oct 28	Broadway Centre Cinemas	\$109
	Gender and the Law 930-001	Lauren Andersen	3:30-5:00PM	Sept 16-Oct 28 (no class Oct 14)	540 Arapeen Dr Room 232	\$99
	Aftermath of the Mountain Meadows Massacre, Part 2: The Prosecution 913-001	Barbara Jones Brown	5:00-6:30PM	Sept 16-Oct 21	Zoom	\$99
	Watercolor Studio 872-001	Jennifer Love	5:30-7:00PM	Sept 16-Oct 21	Zoom	\$99
SHORTER SESSIONS						
	Balance and Fall Prevention: Time for a Tune-up! 834-001	David Keyes	11:30AM-1:00PM	Sept 9	540 Arapeen Dr Room 152	\$29
	Stretch then Move: Qigong and Easy Tai Chi 817-001	David Keyes	11:30AM-1:00AM	Sept 16	540 Arapeen Dr Room 152	\$29
	Healing with Horses 680-001	Giuliana Marple	3:30-5:00PM	Sept 16	540 Arapeen Dr Room 238	\$29
	The Death Positive Movement: Embracing Mortality and Preparing for It 886-001	Dee Dee Firmage-Turpin	11:30AM-1:00PM	Sept 30-Oct 7	540 Arapeen Dr Room 238	\$49
	Osher Behind the Scenes: Curriculum, Classes, and Instructors 72-001	Jill E. Meyer & Volunteers	1:30-3:00PM	Nov 18	540 Arapeen Dr Room 232	FREE
TUESDAY						
	World War I: Mayhem Made Manifest 47-001	Stephen C. Hall	9:00-11:00 AM	Sept 17-Oct 22	540 Arapeen Dr Room 232	\$109
	Christmas History Part I 956-001	Larry Gerlach	9:30-11:00 AM	Sept 17-Oct 22	540 Arapeen Dr Room 238	\$99
	Classical Guitar Level 2 191-001	Gabino Flores	9:30-11:00AM	Sept 17-Oct 22	540 Arapeen Dr Room 152	\$99
	Critical Minerals and the Green Energy Transition 632-001	Mark Muir	9:30-11:00AM	Sept 17-Oct 22	Zoom	\$99
	Healthy Aging: It Is Never Too Late 892-001	David Mastroianni	9:30-11:00AM	Sept 17-Oct 22	Zoom	\$99
	Who Wrote Shakespeare? 268-001	Charles Boynton	9:30-11:00AM	Sept 17-Oct 22	540 Arapeen Dr Room 154	\$59
	Women of the Book 493-001	Mary Janda	9:30-11:00AM	Sept 17-Oct 22	540 Arapeen Dr Room 138	\$99
	Beginning Digital Photography 966-001	Eli Vega	10:00-11:30AM	Sept 17-Oct 1	Zoom	\$59
	Landscape Photography 848-001	Eli Vega	10:00-11:30AM	Oct 8-Oct 22	Zoom	\$59
	Mindful Movement: Stretching and Qigong 432-001	Nando Raynolds	10:00-11:30AM	Oct 8-29	Zoom	\$69
	Discovering the Music of Antonin Dvorak 932-001	Geraldine Johnson	11:30AM-1:00PM	Sept 17-Oct 22	Zoom	\$99
	Law in Film: Part I 310-001	R. Scott Williams	11:30AM-1:00PM	Sept 17-Oct 22	Sandy Center	\$99
	Western Films Part II: They Went That-A-Way! 669-001	Sharon Swenson	11:30AM-1:00PM	Sept 17-Oct 22	540 Arapeen Dr Room 232	\$99
	Whodunnit? Using Art in Crime Scenes and Other Unusual Places 96-001	Jody Andes	11:30AM-1:00PM	Sept 17-Oct 22	540 Arapeen Dr Room 154	\$99
	Writing Your Stories Part I 539-001	Terrell Dougan	11:30AM-1:00PM	Sept 17-Oct 22	540 Arapeen Dr Room 238	\$99
	Adult Dance Class for Body and Brain with Tanner Dance 109-001	Joni Wilson	12:00-1:00PM	Sept 10-Oct 29	Tanner Dance Studio, 1721 E Campus Center Drive	\$103
	Armchair Traveler Mini Series: A Visit to Olympic National Park 859-001	Nicole Anderson	1:30-3:00PM	Oct 8-22	Zoom	\$59
	Current Issues in American Public Affairs and Politics 630-001	Tim Chambliss	1:30-3:00PM	Oct 1-Nov 5	540 Arapeen Dr Room 232	\$99
	Knowledge: The Key to Empowered Aging 353-001	Anne Asman	1:30-3:00PM	Sept 17-Oct 22	540 Arapeen Dr Room 238	\$99
	Make Friends with Your iPhone/iPad Settings! 994-001	Debbie White	1:30-3:00PM	Oct 15-29	Sandy Center	\$99
	The History and Future of the Great Salt Lake 736-001	Jonathan Duncan	3:30-5:00PM	Sept 17-Oct 22	540 Arapeen Dr Room 232	\$59
	Unleash Your Creativity with Canva! 318-001	Candice Cravins	5:00-6:30PM	Sept 17-Oct 22	Zoom	\$99
SHORTER SESSIONS						
	Spying while Flying: The U-2 Dragon Lady 123-001	Frank "Fuzzy" Furr	1:30-3:00PM	Oct 1	540 Arapeen Dr Room 154	\$29
	Utah Opera Preview-Sondheim and Wheeler's Sweeney Todd 774-001	Carol Anderson	1:30-2:30PM	Oct 1	Utah Opera Production Studios	\$19
	The SECRET War in Laos 933-001	Frank "Fuzzy" Furr	1:30-3:00PM	Oct 8	540 Arapeen Dr Room 154	\$29
	Osher Ambassadors 76-001	Osher Staff & Volunteers	11:30AM-1:00PM	Nov 5	540 Arapeen Dr Room 232	FREE
WEDNESDAY						
	Endangered and Threatened Species of Utah: A Three-Day Course 259-001	Jane Yager	9:30-11:00AM	Sept 18-Oct 2	Zoom	\$59
	Korean Ink - 20 Paintings for Osher's 20th Anniversary: Fall Blossoms 936-001	Joon Bae	9:30-11:00AM	Sept 18-Oct 23	540 Arapeen Dr Room 152	\$99 + \$5 special fee
	The 2024 Election and Democracy 83-001	Bruce Landesman & Patricia Hanna	9:30-11:00AM	Sept 18-Oct 23 & Nov 7	540 Arapeen Dr Room 232	\$109
	Who Wrote Shakespeare? 268-002	Charles Boynton	9:30-11:00AM	Sept 18-Oct 23	Sandy Center	\$99
	FREE Lunch & Learn Lecture Series	Various Speakers	12:00-1:00PM	Sept 18-Oct 23	Zoom	FREE
	Introduction to Pickleball 596-001	Julie Wissler	12:00-2:00PM	Oct 9-30	Club Pickleball USA 203 W 9000 S, Sandy	\$89 + \$49 special fee
	Aging Gratefully 890-001	Julie Howell	1:30-3:00PM	Sept 18-Oct 23	540 Arapeen Dr Room 238	\$99
	Art History Survey: Prehistoric, Ancient Near East & Egypt 371-001	Chris Wright	1:30-3:00PM	Sept 18-Oct 23	540 Arapeen Dr Room 232	\$99
	Feldenkrais Fundamentals: Self-Healing Through Movement 461-001	Rita Lessinger	1:30-3:00PM	Sept 18-Oct 23	Zoom	\$59
	Great American Songbook 479-001	Wayne Egan	1:30-3:00PM	Sept 18-Oct 23	Monson Center	\$99
	This Week in Science 489-001	Alan Eastman	1:30-3:00PM	Sept 18-Oct 2	540 Arapeen Dr Room 154	\$59
	Psychology for the Good Life 967-001	Steve Wrigley	4:30-6:00PM	Sept 18-Oct 23	Zoom	\$99
SHORTER SESSIONS						
	Pundits, Polls & Politics! The '24 Election! 948-001	Douglas W. Stowell	1:30-3:00PM	Sept 18	Zoom	\$29
	Holocaust Destination: Ecuador 928-001	Doris Rubenstein	9:30-10:45AM	Oct 9	Zoom	\$29
	The Beat Goes On 900-001	Le Ann Stamos	9:30-11:00AM	Oct 16-23	540 Arapeen Dr Room 238	\$49
	Osher Behind the Scenes: Special Events 74-001	Sheila Jacobsen, Emily Miller & Volunteers	1:30-3:00PM	Oct 30	540 Arapeen Dr Room 238	\$99
	A Practical Exploration of the World of Wine 940-001	Linda Lawless LaStayo	3:30-5:00PM	Nov 13-20	540 Arapeen Dr Room 232 & Casot Wine Bar	\$49 + \$15 special fee
THURSDAY						
	Build Strength and Fitness with Vivo for Seniors 202-001	Vivo Fitness Team	8:00-8:45AM	Sept 16-Oct 24	Zoom	\$199 special fee
	Build Strength and Fitness with Vivo for Seniors 202-002	Vivo Fitness Team	9:00-9:45AM	Sept 16-Oct 24	Zoom	\$199 special fee
	Classical Guitar 504-001	Gabino Flores	9:30-11:00AM	Sept 19-Oct 24	540 Arapeen Dr Room 152	\$99
	Creation of the American Republic 367-001	Larry Gerlach	9:30-11:00AM	Sept 19-Oct 24	540 Arapeen Dr Room 232	\$99
	Transitioning from Employee into Retirement 397-001	David Derozotes & Linda Dunn	9:30-11:00AM	Sept 19-Oct 24	Zoom	\$99
	Vanity Fair's Women on Women, Part 2 89-001	Cynthia Perry	9:30-11:00AM	Sept 19-Oct 10	Zoom	\$79
	Introduction to World Religions 701-001	Chris Dyson	11:30AM-1:00PM	Sept 19-Oct 24	540 Arapeen Dr Room 154	\$99
	Why Chekhov? 181-001	Terrell Dougan	11:30AM-1:00PM	Sept 19-Oct 31 (no class Oct 10)	540 Arapeen Dr Room 232	\$99
	Writing Your Stories Part I 473-001	Sally Smith	11:30AM-1:00PM	Sept 19-Oct 24	540 Arapeen Dr Room 238	\$99
	Beginning Line Dancing 695-001	Ruth Palmer & Linda Wood	1:30-3:00PM	Sept 19-Oct 24	St. Paul's Episcopal Church 261 S 900 E, SLC	\$99 + \$15 special fee
	Current Issues in American Public Affairs and Politics 630-002	Tim Chambliss	1:30-3:00PM	Oct 3-Nov 7	Zoom	\$99
	Dickens in Serial: Bleak House 929-001	Jeffrey Walker	1:30-3:00PM	Sept 19-Oct 31	Sandy Center	\$99
	Great Composers and Other Music 279-001	Morris Rosenzweig	1:30-3:00 PM	Sept 19-Oct 31 (no class on Oct 3)	540 Arapeen Dr Room 154	\$99
	Make Friends with Your iPhone/iPad Settings! 994-002	Debbie White	1:30-3:00PM	Oct 17-31	Zoom	\$59
	The Magic of Little Cottonwood Canyon 957-001	Brian K. Jones	1:30-3:00PM	Sept 19-Oct 24	540 Arapeen Dr Room 232	\$99
	Journeys in Eastern Philosophy 548-001	Jonathan Duncan	3:30-5:00PM	Sept 26-Oct 31	540 Arapeen Dr Room 232	\$99
	Understanding Middle East Politics 275-001	Abdulnasser Kaader	5:00-6:30PM	Sept 19-Oct 24	Zoom	\$99
SHORTER SESSIONS						
	Goodbye Stuff! 463-001	Linda Hilton	9:30-11:00AM	Sept 26	540 Arapeen Dr Room 238	\$29
	Goodbye Stuff! 463-002	Linda Hilton	9:30-11:00AM	Oct 10	540 Arapeen Dr Room 238	\$29
	Google Tools: Exploring Drive and Sites 120-001	Pat Lambrose	2:30-5:30PM	Oct 24-31	540 Arapeen Dr Room 249	\$69
	Osher Behind the Scenes: Welcome New Members! 71-001	Sandy Richards & Volunteers	11:30AM-1:00PM	Nov 7	540 Arapeen Dr Room 232	FREE
FRIDAY						
	Bird Watching: Friday Field Trips! 170-001	Jeanne Le Ber	8:00AM-12:00PM	Sept 13-Oct 11	TBA	\$89
	Utah Symphony Finishing Touches Preview: Mozart's Piano Concerto No.17 770-001	Luca de la Florin	9:00-9:30AM	Nov 1	First Tier Room, Abravanel Hall 123 W South Temple, SLC	\$10
	Utah Symphony Finishing Touches Preview: Shostakovich's Piano Concerto No. 2 330-001	Luca de la Florin	9:00-9:30AM	Dec 6	First Tier Room, Abravanel Hall 123 W South Temple, SLC	\$10
	History and Literature: The Women 480-001	Diane & Stan Henderson	11:30AM-1:30PM	Oct 18	Zoom	\$29
	The Fate of the World: The Global American Revolution 982-001	Richard Bell	1:30-3:00PM	Sept 20-Oct 25	Zoom	\$99

OSHER ONLINE WITH NORTHWESTERN UNIVERSITY

	Zoom lecture		Off-site location		20 th Anniversary Course		Sandy Center	FOLLOW US!		@OsherUofU		@uofucontinue
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Monday	Tuesday	Wednesday	Thursday	Friday
Build Strength & Fitness with Vivo for Seniors 202-001			Build Strength & Fitness with Vivo for Seniors 202-001	Bird Watching: Friday Field Trips! 170-001
Build Strength & Fitness with Vivo for Seniors 202-002	World War I: Mayhem Made Manifest 47-001		Build Strength & Fitness with Vivo for Seniors 202-002	Uthap Symphony Finishing Touches Preview: Mozart's Piano Concerto No.17 770-001
Chinese Archaeology in the Past	Christmas History Part I	Korean Ink - 20 Paintings for Osher's 20th Anniversary	Classical Guitar 504-001	Uthap Symphony Finishing Touches Preview: Shostakovich's Piano