



OSHER

OSHER.UTAH.EDU | 801.581.6461

BUILDING A COMMUNITY OF LEARNING

A LIFE-ENHANCING, INTELLECTUAL COMMUNITY

At the University of Utah, we enjoy one of the largest and fastest-growing Osher Lifelong Learning Institutes in the country. Osher changes lives every day by offering more than continuing education courses. We support a community of curious adults who value education highly. We are a community of peers, seasoned adults ages 50 and better, who bring a wealth of life experience and knowledge to the classroom and to this special program. We offer courses, lecture series, tours, and educational field trips during four terms each year, six weeks in fall, winter, spring, and summer.

NURTURING RELATIONSHIPS AND CURIOSITY

Osher is built on special relationships. We support passionate instructors who give their time and expertise, sharing what they care about most. We benefit from the skills of dedicated volunteers who recruit instructors, create engaging activities for their fellow members, and help spread the word about this life-changing program.

BUILD A NETWORK OF FRIENDS

If you are looking for a chance to become more actively engaged and involved in a vibrant community, Osher has an opportunity for you. From simply taking classes or volunteering as an assistant, to serving on an esteemed committee, or even teaching a course yourself to share your life's wisdom, there are many ways to meet new friends, have fun, and make a difference.

Enrich your life by enrolling in one of Osher's engaging classes and events today. We would love to welcome you into our lifelong learning community.

MORE INFORMATION

Please contact the Osher offices by calling **801-581-6461** or emailing **osher@utah.edu** to find out more about our wonderful program and the many benefits of membership.

MEMBERSHIP IS JUST \$40 PER YEAR!

OSHER ONLINE WITH NORTHWESTERN UNIVERSITY

A PROGRAM FOR ONLINE LEARNING WITH THE NATIONAL RESOURCE CENTER FOR OSHER INSTITUTES AT NORTHWESTERN UNIVERSITY

The Bernard Osher Foundation will continue to offer **Osher Online** this fall! Run by the **National Resource Center (NRC) at Northwestern University**, this special program allows members from various Osher Lifelong Learning Institutes to participate in shared online courses. These courses are not meant to replace our in-person or online courses, but rather to supplement our local offerings. High-quality courses featuring popular instructors from some of the 125 Osher Institutes across the country allow members from different states and institutions to connect.

OSHER 760 - Various Courses Taught Online Via Zoom

Please read below for class listings and check our website for detailed course descriptions. Spring courses for Osher Online will run from **July 8 to August 20**. Registration deadline: **June 18**. Orientation: **July 1 at 12pm**. Enrollment will be limited so register early! *A mandatory orientation will be required for all enrolled attendees. **Special fees to attend are non-refundable.***



By donating to the University of Utah Osher Lifelong Learning Institute, you help create lasting opportunities for future generations of learners like you.

Join us in making a difference.

Donate today at bit.ly/ugive-osher



SUMMER 2025 CLASSES

MONDAY						
	VIVO! Build Strength and Balance with Vivo for Seniors 202-001	Vivo Fitness Team	8:00-8:45AM	June 2-July 21	Zoom	\$99 special fee
	Classical Guitar Level 3 61-001	Gabino Flores	9:30-11:00AM	May 19-July 7 (no class May 26 or June 16)	540 Arapeen Dr Room 154	\$99
	WORTHY - Boost Your Self-Worth to Grow Your Net Worth 315-001	Sandi Cameron-Greene	1:30-3:00PM	May 19-July 7 (no class May 26 or June 16)	Zoom	\$99
	Marcie's Movie Club - With Captions 325-001	Marcie Collett	1:45-5:00PM	June 2-23	Broadway Centre Cinemas	\$99
	Marcie's Movie Club - With Captions 325-003	Marcie Collett	1:45-5:00PM	July 7-28	Broadway Centre Cinemas	\$99
	Watercolor Studio 872-001	Jennifer Love	5:30-7:00PM	May 19-June 30 (no class May 26 or June 16)	Zoom	\$89
SHORTER SESSIONS						
	Americans in the Vietnam War: Civilian Workers and Military Nurses 561-001	Walter Jones	9:30-11:00AM	June 9	540 Arapeen Dr Room 232	\$29
	Atoms, Subatomic Particles, and Quantum Mechanics 858-001	Robert Bigelow	11:30AM-1:00PM	June 2-30 (no class June 16)	540 Arapeen Dr Room 154	\$79
	Tour of Our Solar System 497-001	Robert Bigelow	1:30-3:00PM	June 23	540 Arapeen Dr Room 154	\$29
	Mindful of Millcreek 617-001	Ken May	1:30-3:00PM	June 2-23 (Field trip in Millcreek June 16)	540 Arapeen Dr Room 232	\$79
TUESDAY						
	VIVO! Build Strength and Balance with Vivo for Seniors 202-002	Vivo Fitness Team	8:00-8:45AM	May 27-July 15	Zoom	\$99 special fee
	Classical Guitar Level 2 191-001	Gabino Flores	9:30-11:00AM	May 20-June 24	540 Arapeen Dr Room 154	\$99
	Introduction to World Religions 701-001	Chris Dyson	11:30AM-1:00PM	May 20-June 24	Sandy Center	\$99
	Literature of Medicine 242-001	Jay Jacobson	1:30-3:00PM	May 20-June 10	540 Arapeen Dr Room 154	\$79
	Current Issues in American Public Affairs and Politics 630-001	Tim Chambliss	1:30-3:00PM	May 20-June 24	540 Arapeen Dr Room 232	\$99
	Marcie's Movie Club - Without Captions 325-002	Marcie Collett	1:45-5:00PM	June 3-24	Broadway Centre Cinemas	\$99
	Marcie's Movie Club - Without Captions 325-004	Marcie Collett	1:45-5:00PM	July 8-29	Broadway Centre Cinemas	\$99
	Travel and Adventure Photography: An Introduction 598-001	Jonathan Duncan	3:30-5:00PM	May 20-June 24	540 Arapeen Dr Room 232	\$99
SHORTER SESSIONS						
	The Road to Revolution: America, 1763-1776 779-001	Richard Bell	9:30-11:00AM	June 3-24	Zoom	\$89
	Birth of Rock and Roll 406-001	Steve Hall	10:00AM-12:00PM	June 10	540 Arapeen Dr Room 232	\$39
	The de Lemma That Was de Gaulle 797-001	Steve Hall	10:00AM-12:00PM	June 17	540 Arapeen Dr Room 232	\$39
	The End of World War II: 30 Days to Victory 222-001	Steve Hall	10:00AM-12:00PM	June 24	540 Arapeen Dr Room 232	\$39
	World War II 8th Air Force and Hill Air Force Base Museum Tour 516-001	Steve Hall	10:00AM-12:00PM	July 8-15	540 Arapeen Dr Room 232 & HAFB	\$54
	Right Brain Photography 370-001	Eli Vega	10:00-11:30AM	June 10-24	Zoom	\$59
	How to Create a Daily Sketchbook Practice 499-001	Laurie Eastwood	10:00AM-12:00PM	May 13-27	540 Arapeen Dr Room 152	\$79
	Balance and Fall Prevention: Time for a Tune-up! 834-001	David Keyes	11:30AM-1:00PM	May 27	540 Arapeen Dr Room 154	\$29
	Reader's Theater: Shakespeare's Julius Caesar 777-001	Janine Sheldon	11:30AM-1:00PM	June 3-24	540 Arapeen Dr Room 154	\$79
WEDNESDAY						
	VIVO! Build Strength and Balance with Vivo for Seniors 202-003	Vivo Fitness Team	8:00-8:45AM	May 28-July 16	Zoom	\$99 special fee
	Introduction to Bel Canto Opera 636-001	Alex Harrelson	9:30-11:00AM	May 21-June 25	540 Arapeen Dr Room 232	\$99
	Grief Chat 619-001	Carol Arnzen	1:30-3:00PM	May 21-June 11	Sandy Center	\$99
	Age Performance - The Gateway to Longevity 217-001	Paul Holbrook	2:00-3:30PM	May 21-June 25	Age Performance	\$99
	Russia in the Early 20th Century: Belle Epoque or Revolutionary Crossroads? 220-001	Asya Pereltsvaig	2:00-4:00PM	May 21-June 11	Zoom	\$89
SHORTER SESSIONS						
	Minhwa: Korean Folk Art 771-001	Joon Bae	9:30AM-2:30PM	May 21	540 Arapeen Dr Room 152	\$49 + \$10 special fee
	Minhwa: Korean Folk Art 771-002	Joon Bae	10:00AM-3:00PM	June 4	Sandy Center	\$49 + \$10 special fee
	Misconceptions with Hearing Loss 347-001	Chelle Wyatt	11:30AM-1:00PM	June 11	540 Arapeen Dr Room 154	\$29
	Enhancing At-Home-Care for Caregiver's Living with Alzheimer's 307-001	Peter Fillmore	11:30AM-1:00PM	May 21-28	540 Arapeen Dr Room 154	\$49
	AARP Smart Driver Course 156-001	Tauna Toole	1:00-5:00PM	May 28	540 Arapeen Dr Room 232	\$25
	AARP Smart Driver Course 156-002	Tauna Toole	1:00-5:00PM	June 25	540 Arapeen Dr Room 154	\$25
	Utah State Developmental Center: We've Come a Long Way 525-001	Christine Fraizer	1:30-3:00PM	June 4	540 Arapeen Dr Room 154	\$29
THURSDAY						
	VIVO! Build Strength and Balance with Vivo for Seniors 202-004	Vivo Fitness Team	8:00-8:45AM	May 29-July 17	Zoom	\$99 special fee
	Classical Guitar 504-001	Gabino Flores	9:30-11:00AM	May 22-June 26	540 Arapeen Dr Room 154	\$99
	Ray Bradbury's <i>Dandelion Wine</i> 757-001	Sally Smith	11:30AM-1:00PM	June 5-26	540 Arapeen Dr Room 232	\$79
	Organize Your Digital World, The Clear & Simple Way 339-001	Kate Fehr	11:30AM-1:00PM	May 22-June 26	Zoom	\$99
	Letterlocking 492-001	Janet Faught	11:30AM-1:00PM	May 22-June 26	Sandy Center	\$99 + \$30 special fee
	Music, Media, and the Counterculture 1950-80 761-001	James Pagliassotti	1:30-3:00PM	June 5-26	Zoom	\$79
	Current Issues in American Public Affairs and Politics 630-002	Tim Chambliss	1:30-3:00PM	May 22-June 26	Zoom	\$99
	Ukulele for Beginners 63-001	Michael Louis Austin	1:30-3:00PM	May 22-June 26	540 Arapeen Dr Room 154	\$99 + \$5 special fee
	Sacred Mountains of the World 320-001	Jonathan Duncan	3:30-5:00PM	May 22-June 26	540 Arapeen Dr Room 232	\$99
	Health and Aging 211-001	Abdulnaser Kaadan	5:00-6:30PM	May 22-June 26	Zoom	\$99
	Zumba Gold® Chair 344-001	Jennifer Love	5:30-6:00PM	May 22-June 26	Zoom	\$49
SHORTER SESSIONS						
	Utah Museum Spotlight: The John Wesley Powell River History Museum 581-001	Candice Cravins	9:30-11:00AM	June 26	Zoom	\$29
	Artificial Intelligence 101: Hands-On Exploration for Curious Minds 526-001	Cynthia Perry	9:30-11:00AM	June 19-26	Zoom	\$29
	Science and the Search for Reality 90-001	Gary Dixon	9:30-11:00AM	June 5-12	540 Arapeen Dr Room 232	\$49
	Con Men, Swindlers, and Frauds, Oh My! How to Avoid Becoming Ripped Off 398-001	Martin Hurlburt	11:30AM-1:30PM	May 29	540 Arapeen Dr Room 154	\$29
	Beginning Line Dance 2.0 780-001	Ruth Palmer	12:30-2:00PM	May 22-29	Jewish Community Center	\$49
FRIDAY						
	VIVO! Build Strength and Balance with Vivo for Seniors 202-005	Vivo Fitness Team	9:00-9:45AM	May 30-July 25 (no class July 4)	Zoom	\$99 special fee
SHORTER SESSIONS						
	Utah Symphony Finishing Touches Preview: Saint-Saens' Piano Concerto No. 2 921-001	Luca De La Florin	9:00-9:40AM	May 16	First Tier Room, Abravanel Hall	\$15
	Hoof Prints and Heartstrings: The Profound Connection between Horses and Humans 638-001	Giuliana Marple	10:00AM-1:00PM	June 27	Local Equestrian Center	\$69 + \$45 special fee

OSHER ONLINE WITH NORTHWESTERN UNIVERSITY						
	The Rehnquist Court, 1986-2005: Moves Toward Small Federal Government 760-001	Lauren Andersen, JD	M, 9:00-10:30AM	July 14-Aug 18	Zoom	\$99 special fee
	Behind Those Baby Blues: The Films of Paul Newman 760-002	Arnold Blumberg	T, 1:00-2:30PM	July 8-Aug 12	Zoom	\$99 special fee
	Public Health Across the Lifespan 760-003	Michelle Boyd	W, 3:00-4:30PM	July 9-Aug 13	Zoom	\$99 special fee
	History of Beer 760-004	Karl Brown	T, 5:00-6:30PM	July 8-Aug 12	Zoom	\$99 special fee
	Demystifying Energy Security 760-005	Beth Hill-Skinner	W, 11:00AM-12:30PM	July 9-Aug 13	Zoom	\$99 special fee
	Enjoying the Past and Present New York City: A History of Recreation in the Big Apple 760-006	Adam Kocurek	W, 9:00-10:30AM	July 9-Aug 13	Zoom	\$99 special fee
	100 Years of Magic: The Disney Legacy and Influence 760-007	Maria Massad	Th, 5:00-6:30PM	July 10-Aug 14	Zoom	\$99 special fee
	Stories of Adventure: The Norse Sagas 760-008	Vic (Victor) Peterson	W, 1:00-2:30PM	July 16-Aug 20	Zoom	\$99 special fee
	Architectural Oddities: An Off-the-Beaten Path Look at Unconventional Architecture 760-009	Eleanor Schrader	Th, 11:00AM-12:30PM	July 10-Aug 14	Zoom	\$99 special fee
	The Economics of Public Policy Issues 760-010	Geof (Geoffrey) Woglom	T, 11:00AM-12:30PM	July 8-Aug 12	Zoom	\$99 special fee

KEY Zoom lecture Off-site location Sandy Center

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	Monday	Tuesday	Wednesday	Thursday	Friday
8:00	VIVO! Build Strength and Balance with Vivo for Seniors 202-001	VIVO! Build Strength and Balance with Vivo for Seniors 202-002	VIVO! Build Strength and Balance with Vivo for Seniors 202-003	VIVO! Build Strength and Balance with Vivo for Seniors 202-004	
9:00					VIVO! Build Strength and Balance with Vivo for Seniors 202-005
					Utah Symphony Finishing Touches Preview: Saint-Saens' Piano Concerto No. 2 921-001
9:30	Classical Guitar Level 3 61-001	Classical Guitar Level 2 191-001	Introduction to Bel Canto Opera 636-001	Classical Guitar Level 504-001	
	Americans in the Vietnam War: Civilian Workers and Military Nurses 561-001	The Road to Revolution: America, 1763-1776 779-001	Minhwa: Korean Folk Art 771-001	Utah Museum Spotlight: The John Wesley Powell River History Museum 581-001	
				Artificial Intelligence 101: Hands-On Exploration for Curious Minds 526-001	
				Science and the Search for Reality 90-001	
10:00		Birth of Rock and Roll 406-001	Minhwa: Korean Folk Art 771-002		Hoof Prints and Heartstrings: The Profound Connection between Horses and Humans 638-001
		The de Lemma That Was de Gaulle 797-001			
		The End of World War II: 30 Days to Victory 222-001			
		World War II 8th Air Force and Hill Air Force Base Museum Tour 516-001			
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		How to Create a Daily Sketchbook Practice 499-001			
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		Balance and Fall Prevention: Time for a Tune-up! 834-001	Enhancing At-Home-Care for Caregiver's Living with Alzheimer's 307-001	Organize Your Digital World, The Clear & Simple Way 339-001	
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				Con Men, Swindlers, and Frauds, Oh My! How to Avoid Becoming Ripped Off 398-001	
12:30				Beginning Line Dance 2.0 780-001	
1:00			AARP Smart Driver Course 156-001		
			AARP Smart Driver Course 156-002		
1:30	WORTHY - Boost Your Self-Worth to Grow Your Net Worth 315-001	Literature of Medicine 242-001	Grief Chat 619-001	Music, Media, and the Counterculture 1950-80 761-001	
	Tour of Our Solar System 497-001	Current Issues in American Public Affairs and Politics 630-001	Utah State Developmental Center: We've Come a Long Way 525-001	Current Issues in American Public Affairs and Politics 630-002	
	Mindful of Millcreek 617-001			Ukulele for Beginners 63-001	
1:45	Marcie's Movie Club - With Captions 325-001	Marcie's Movie Club - Without Captions 325-002			
	Marcie's Movie Club - With Captions 325-003	Marcie's Movie Club - Without Captions 325-004			
2:00			Age Performance - The Gateway to Longevity 217-001		
			Russia in the Early 20th Century: Belle Epoque or Revolutionary Crossroads? 220-001		
3:30		Travel and Adventure Photography: An Introduction 598-001		Sacred Mountains of the World 320-001	
5:00				Health and Aging 211-001	
5:30	Watercolor Studio 872-001			Zumba Gold® Chair 344-001	
					Key
					In-person
					Zoom
					Offsite Location
					Single or Shorter Session
					Special Osher 20th Anniversary Course
					Sandy Center One Sandy Center 10011 Centennial Parkway, Ste 100 Sandy, UT 84070

QUESTIONS? Call 801-581-6461 or email osher@utah.edu

MEMBERSHIP IS JUST \$40 PER YEAR!

